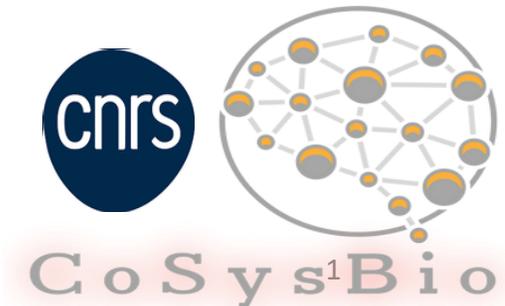
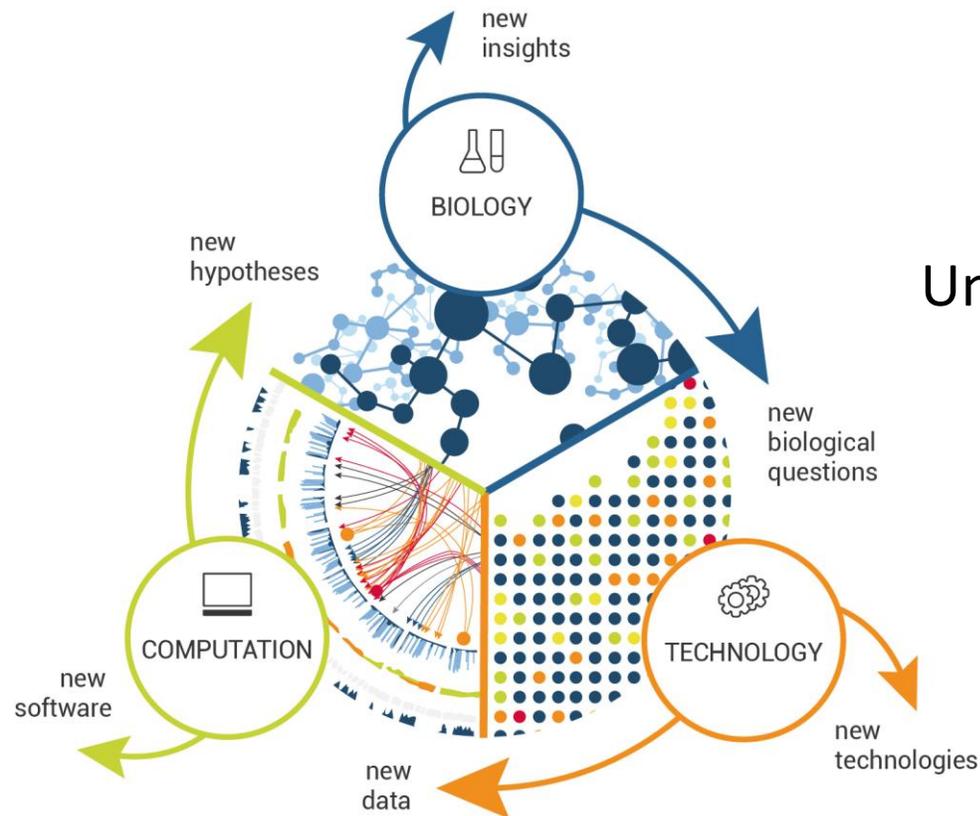




# Digital Twins for Human Immune-Mediated Complex Diseases



Professor Anna Niarakis,  
University of Toulouse, CBI, CNRS  
[anna.niaraki@utoulouse.fr](mailto:anna.niaraki@utoulouse.fr)



# The concept of a Digital Twin



*ipopba / Getty Images*

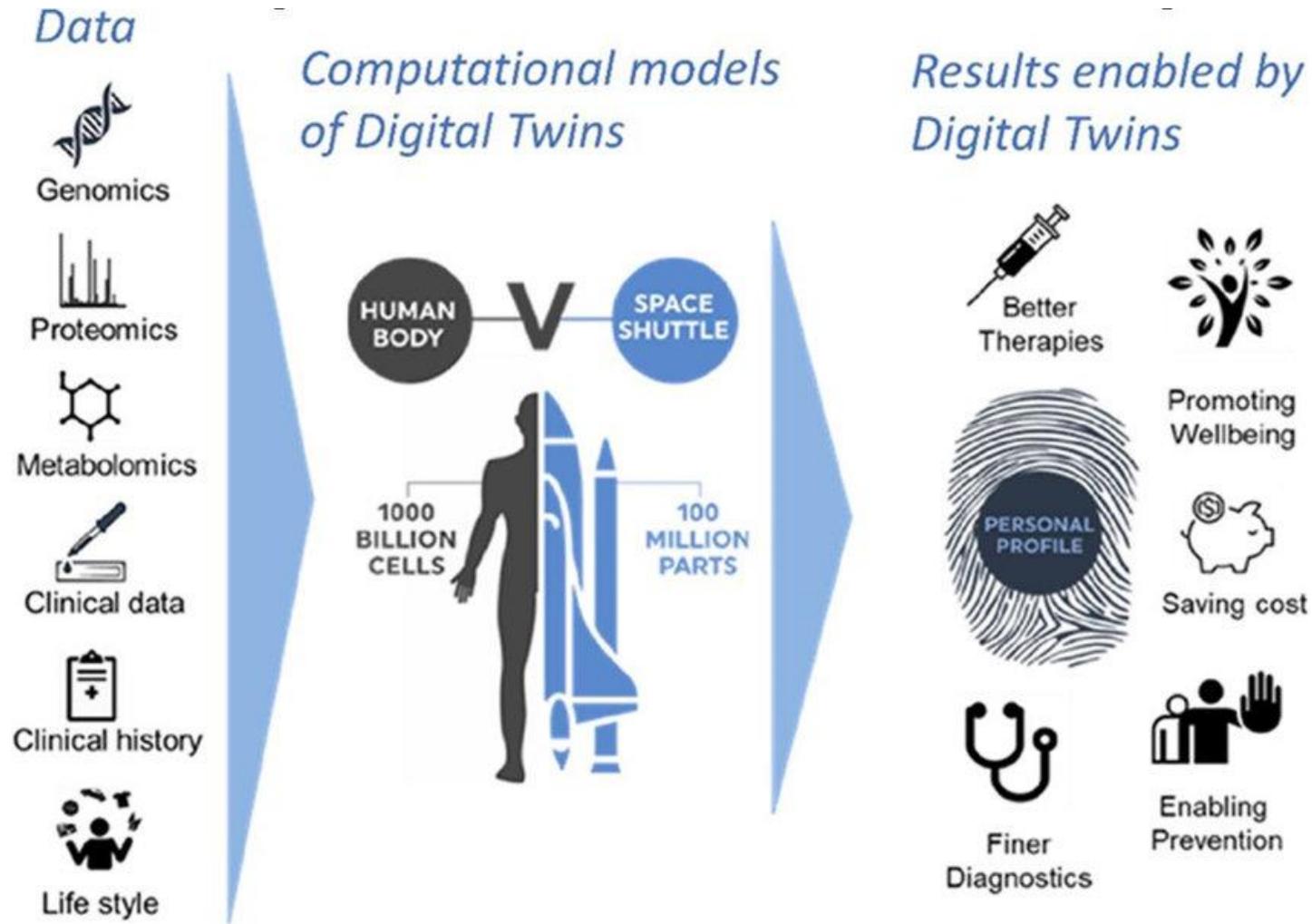
Digital Twins are virtual equivalents, or twins, of physical objects.

These digital copies are increasingly popular because they can be used to drive important simulations that haven't been possible until now.

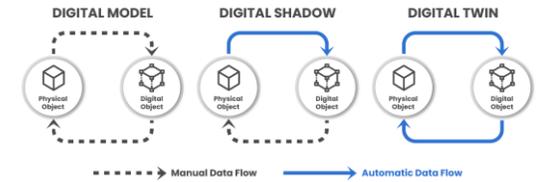


*BBC/ Getty Images*

# The concept of a Digital Twin for complex human pathologies



# Is everything digital a “Digital Twin” ?



- **Digital Model:**

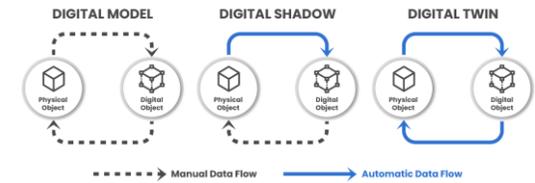
- a **virtual representation of a physical object, system, or process** (algorithm, mathematical model, 3D representation etc).
- Visualization, analysis, and manipulation of objects or systems in a digital environment, aiding in design, optimisation, and testing.
- Used for *in silico* simulations and hypothesis testing (predictions) of how a physical object, system, or process might operate in the future or in a particular environment.

- **Digital Shadow:**

- A digital shadow is an **evolving digital representation** that mirrors the current state and behaviour of a physical entity or system.
- It collects data through sensors, Internet of Things (IoT) devices, or other sources and provides a feed of information that is fed into the model.
- Typically, digital shadows are mathematical models, but they could also be 3D representations.
- They enable monitoring, predictive analysis, and decision-making.

# Real “Digital Twin”

- Real-time connection between the physical entity and its digital counterpart, where the physical object gives information to the digital replica and vice versa.
- Digital twins simulate, monitor, and **control** physical objects or systems, facilitating analysis, optimisation, and predictive maintenance.
- They enable **live feedback loops and foster insights for improving performance, efficiency, and reliability.**
- To put it differently, there is a two-way interaction between the physical and the digital environments, where the digital replica is able to change how the physical entity operates.



**Insulin Pump Therapy**  
Like a healthy pancreas, insulin pumps deliver one type of insulin. Using your personal pump settings, insulin is delivered continuously (basal) and in larger doses for meals (bolus).

- LARGE TOUCHSCREEN**  
Insulin delivery is personalized using a simple pump touchscreen.
- TUBING**  
Insulin flows through thin, flexible tubing (variety of lengths available).
- INFUSION SET**  
The tubing leads to an adhesive patch and fine tube under the skin.

**BENEFITS OF PUMPING**

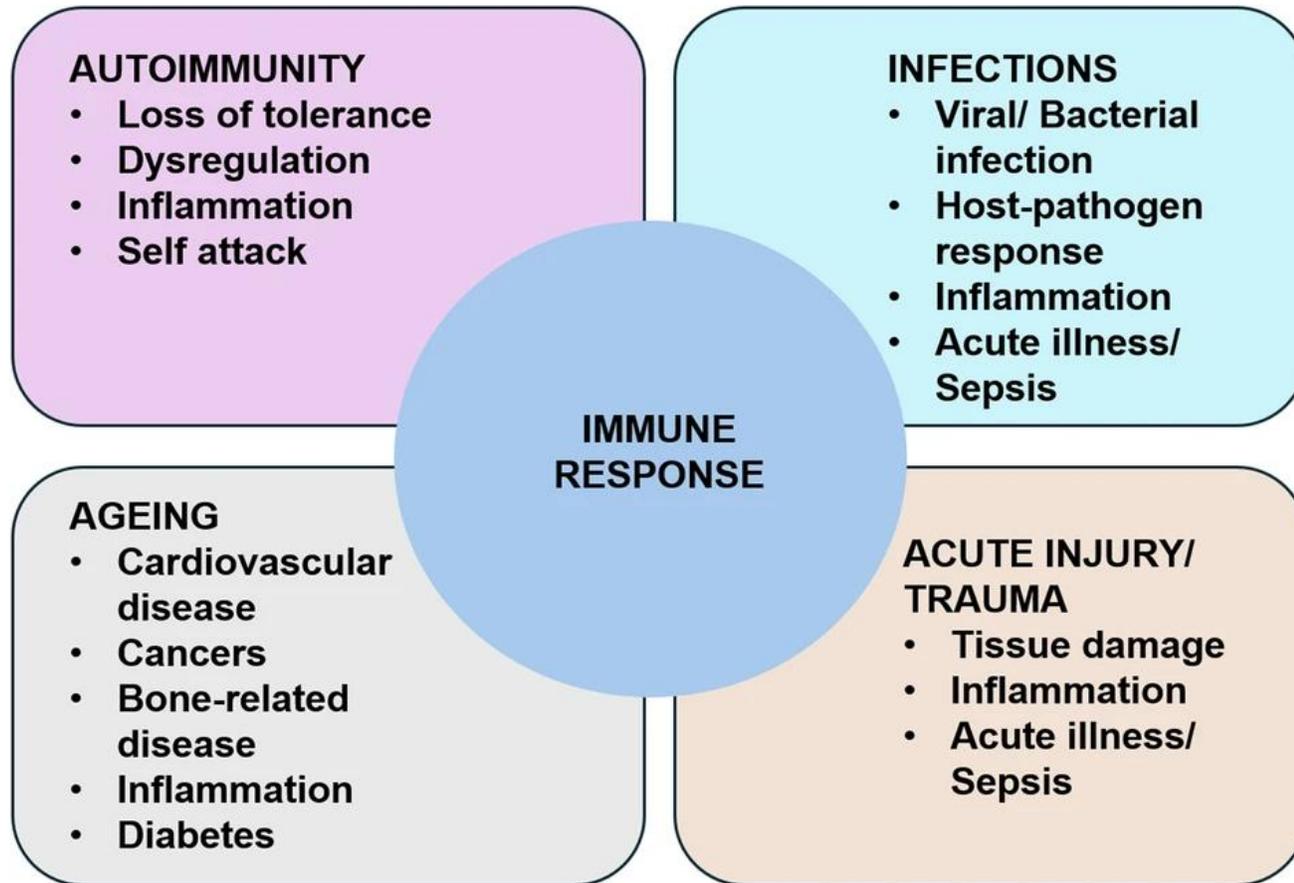
Eviola diagnosed 2012

**HELPS PROTECT YOU FROM LOWS**  
Basal-IQ® predictive low-glucose suspend technology on the t:slim X2™ insulin pump.

**HELPS PROTECT YOU FROM HIGHS AND LOWS**  
Control-IQ™ advanced hybrid closed-loop technology on the t:slim X2 insulin pump.



# Human immune response in various pathologies



Home > News > Research & Innovation News > Using digital twins to improve care for inflammatory diseases

News | Research & Innovation News

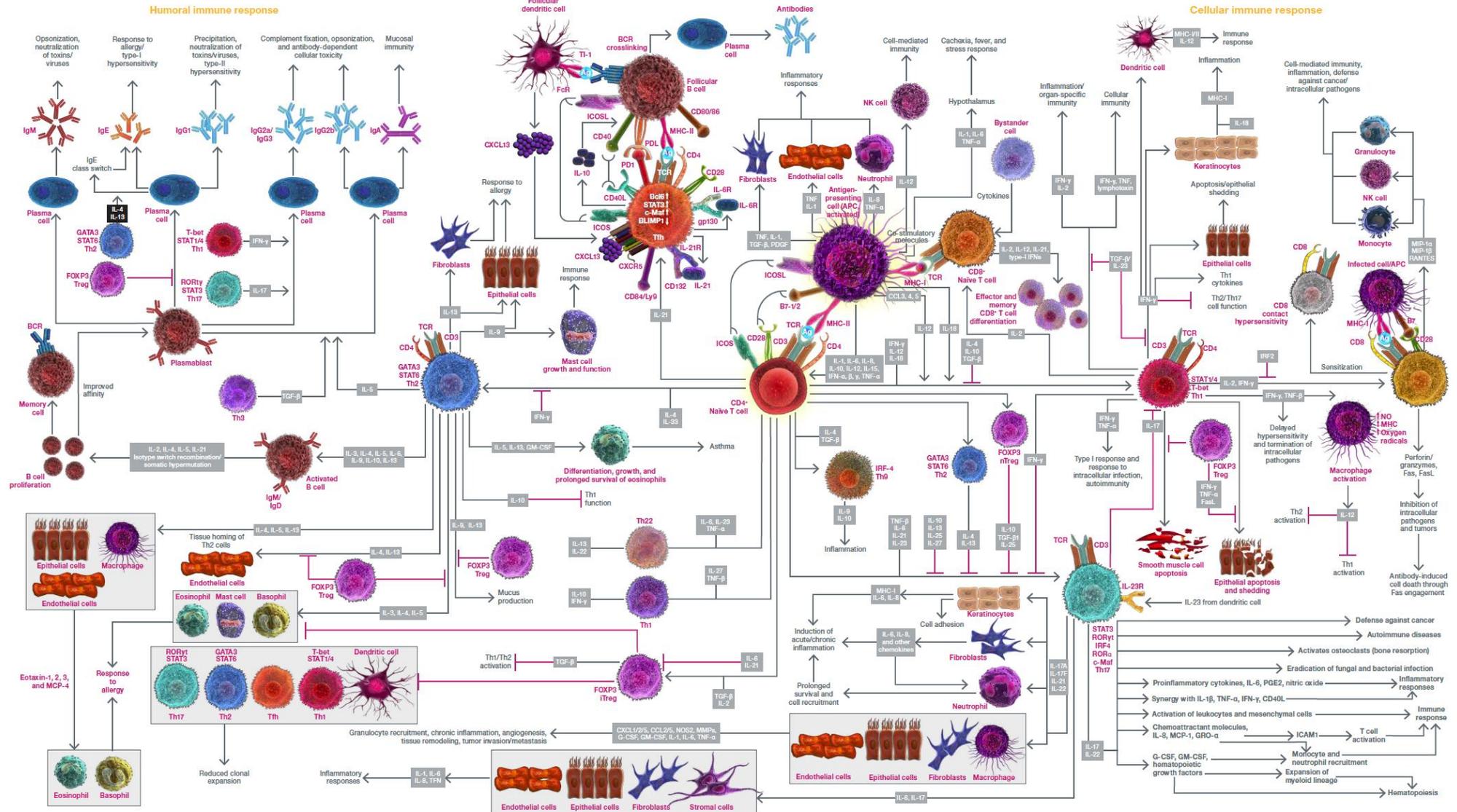
## Using digital twins to improve care for inflammatory diseases

1st March 2023



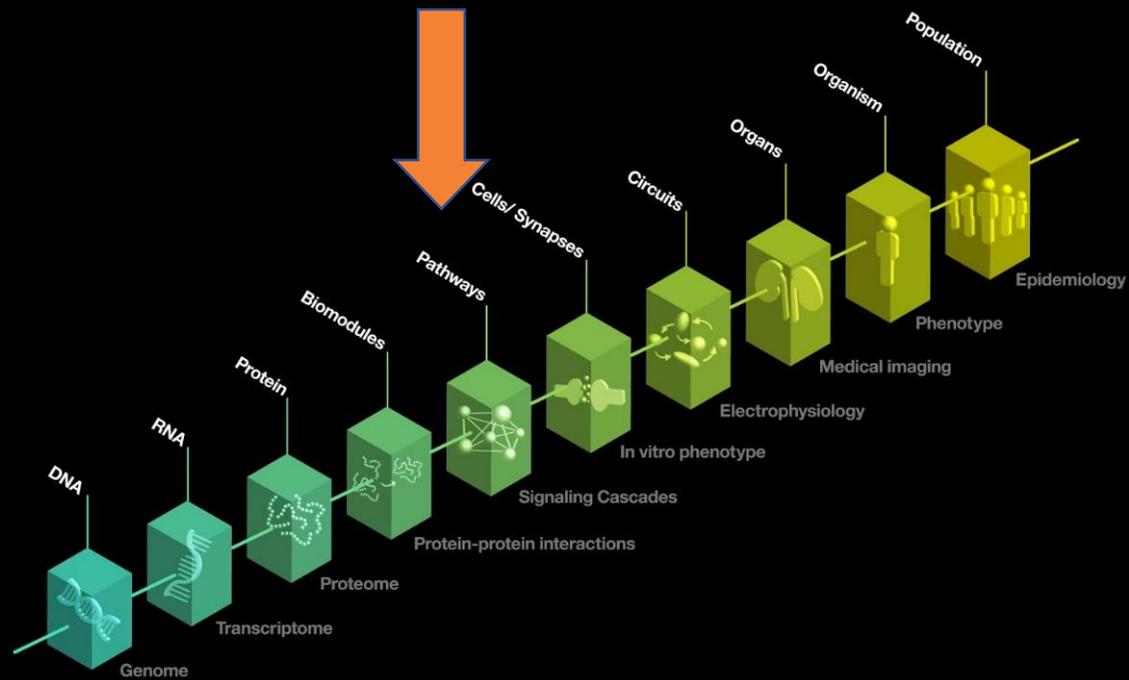
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# Immune digital twins

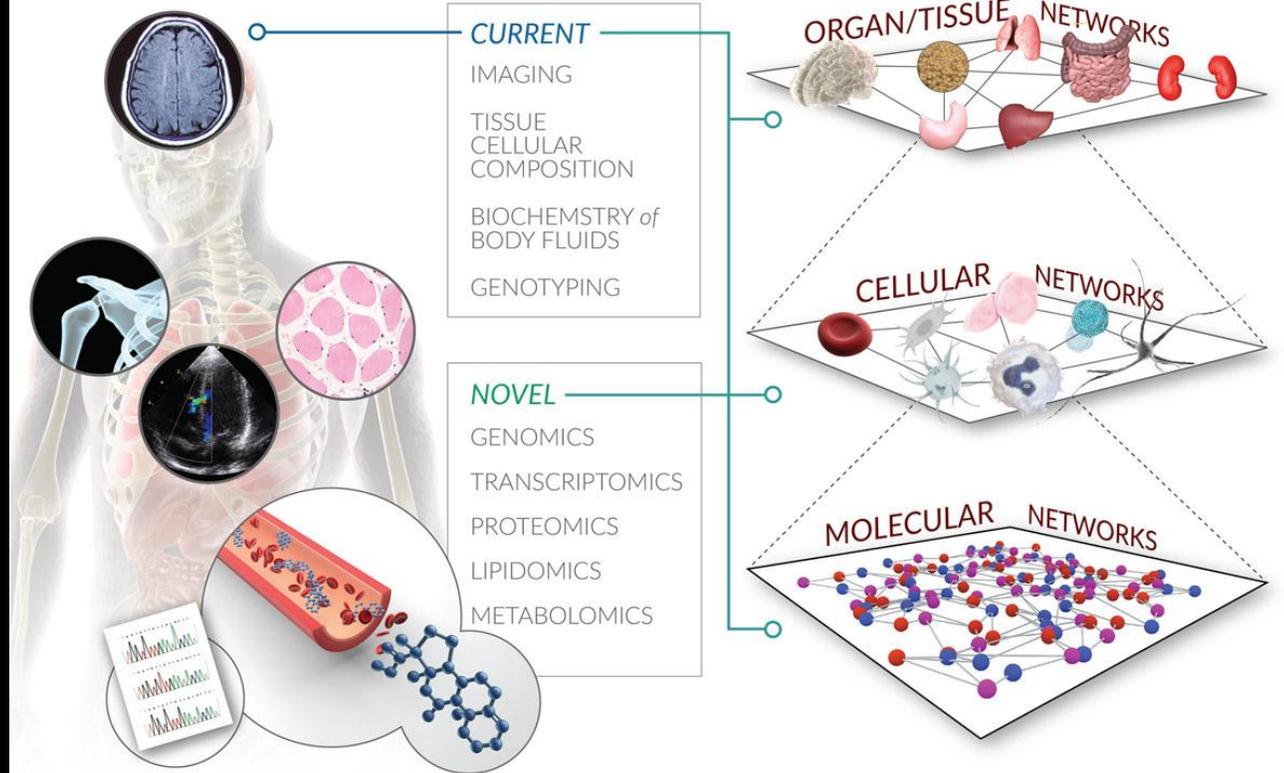


# Where to start?

## Multiple scales of biology

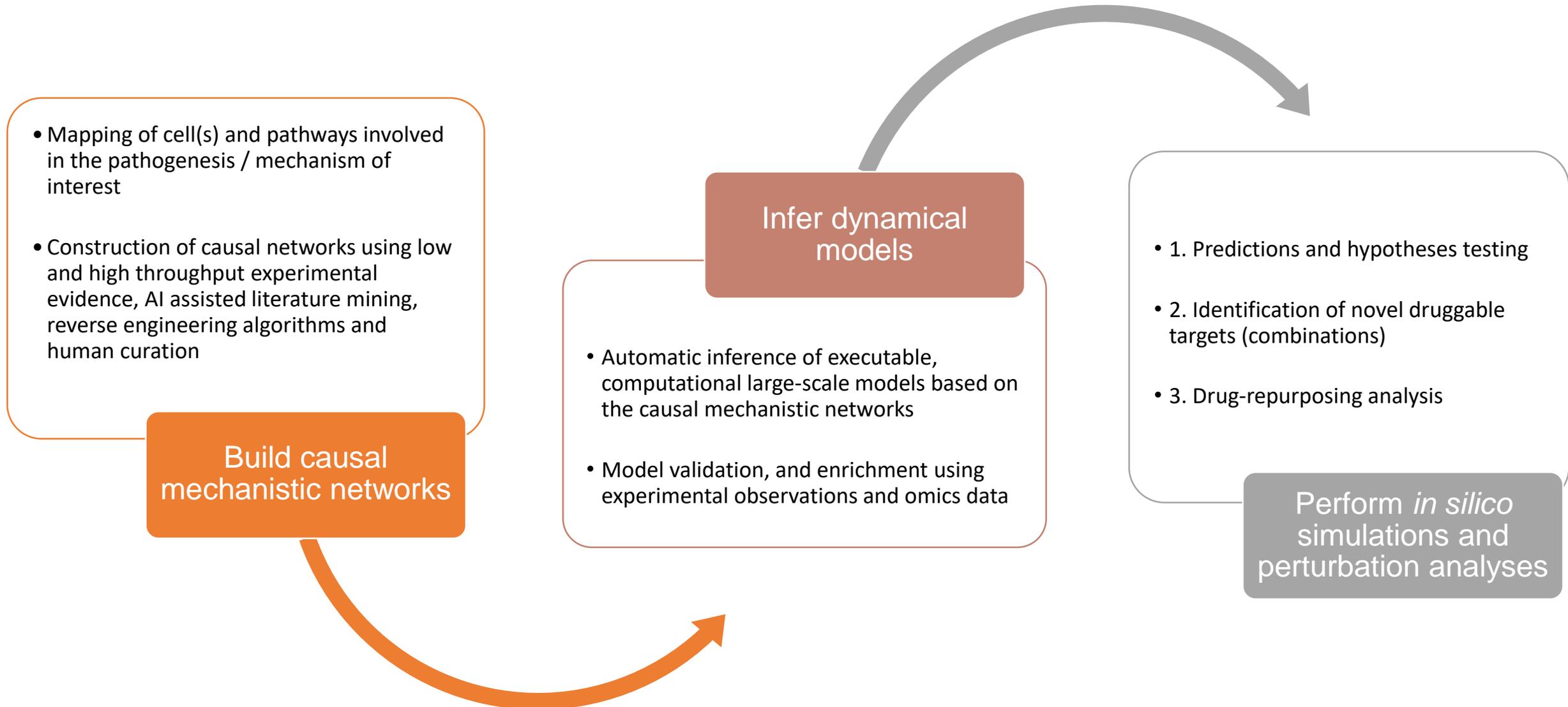


## DIAGNOSTIC APPROACHES



<https://www.bioregulatory-systems-medicine.com/en/brsm-model/autoregulation-of-biological-networks>

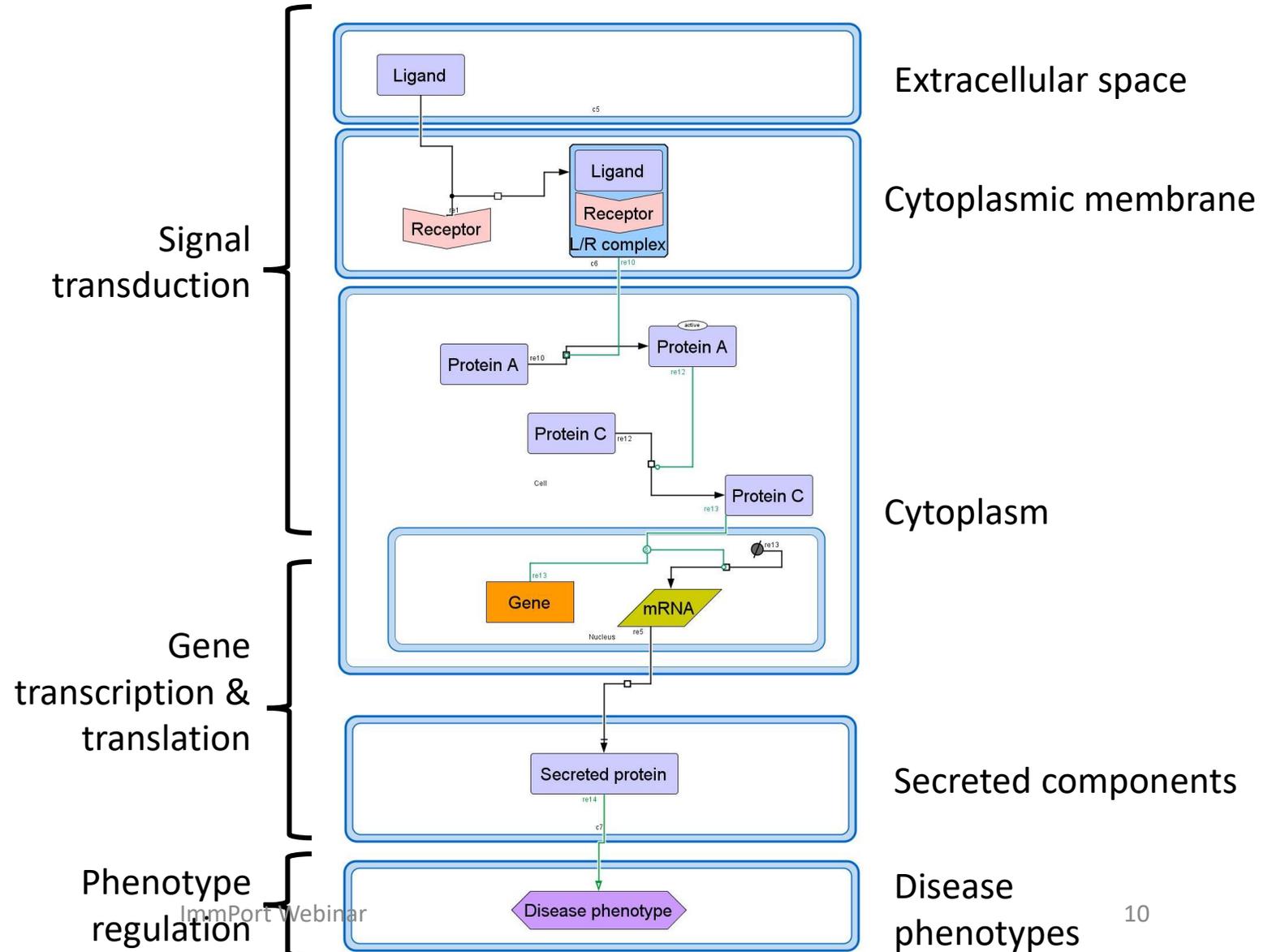
# What is the plan?



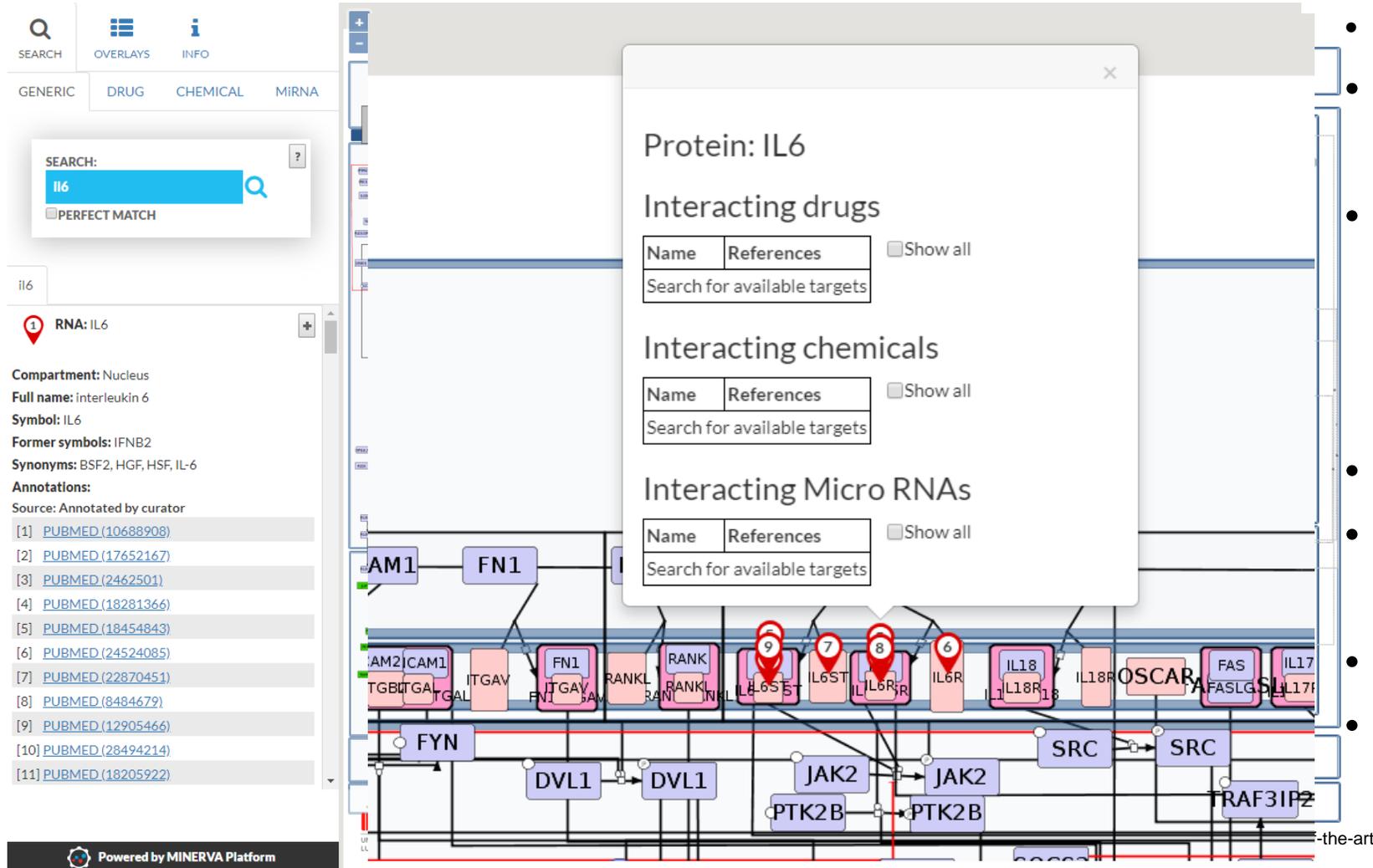
# Systems biology to better understand complex diseases

- Assemble the available and fragmented knowledge in **disease maps**
- Manually curated and extensively annotated
- Both human and machine-readable
- Standardized : SBGN PD, MIRIAM, stable identifiers and HGNC symbols

(Mazein et al., 2018)  
 (Le Novère et al., 2009)  
 (Juty et al., 2012)

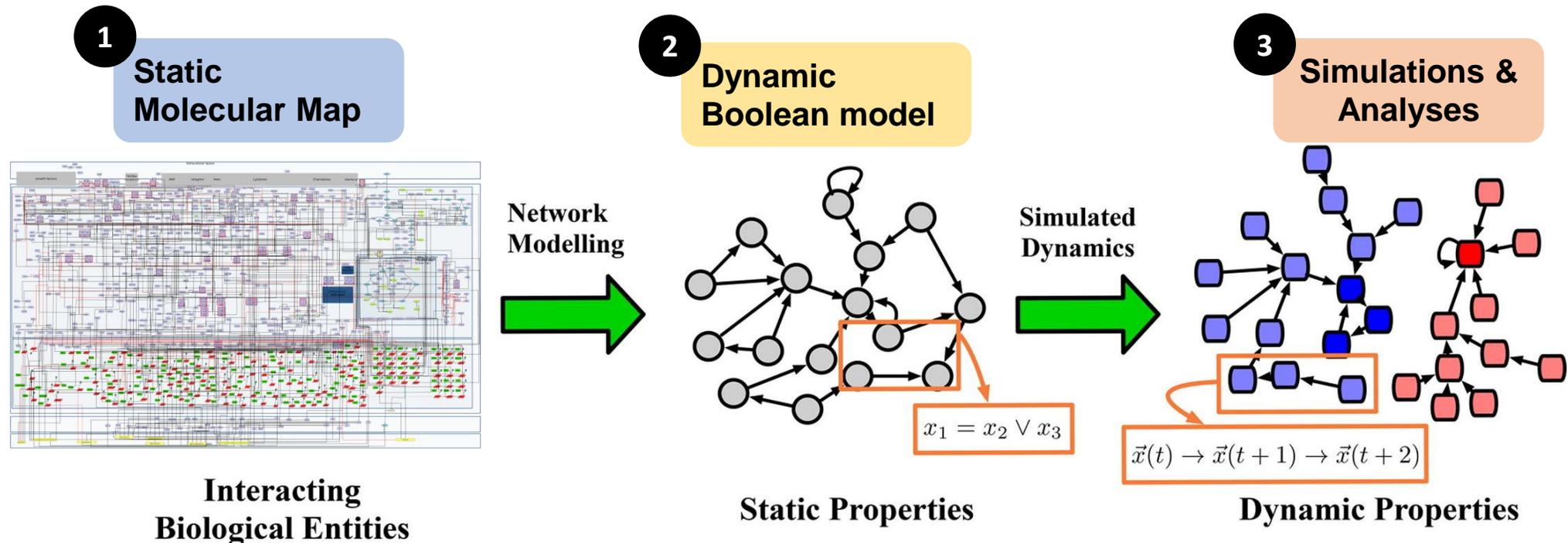


# Rheumatoid Arthritis Map (RA-Map V2)



- Addition of the missing interaction:
- **SBGN PD** compliant;
- **720 species** (329 proteins, 135 genes, 136 RNAs, 54 simple molecules, 1 ion, 65 molecular complex)
- **9 phenotypes**
- **602 reactions**
- **575 PMIDs**
- **MIRIAM** standards for annotations.

# Static and dynamic representations of causal networks

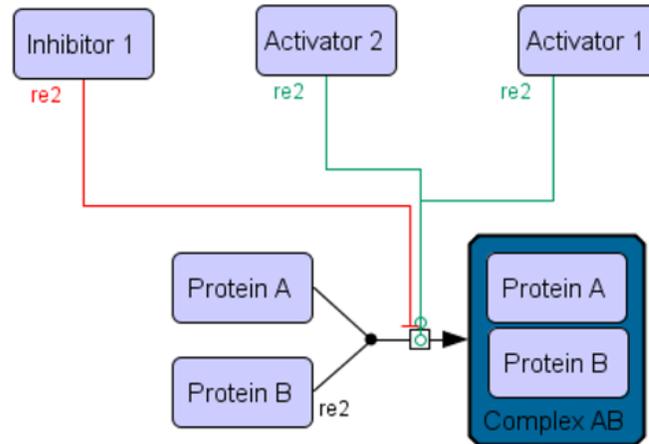


- Node: 0 or 1  $\rightarrow$  biological entity absent/inactive or present/active
- Edges: activators or inhibitors
- Activation of one or multiple nodes  $\rightarrow$  Model behavior

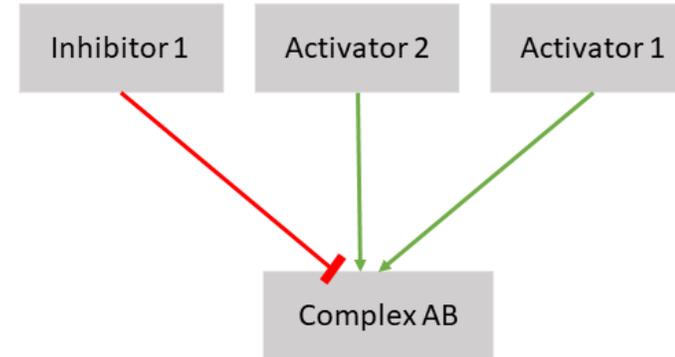
# CaSQ to automatically infer Boolean models from MIMs

Three steps : 1) Map reduction 2) PD to AF form conversion 3) Computation of the logical rules

## A AB complex formation in CellDesigner



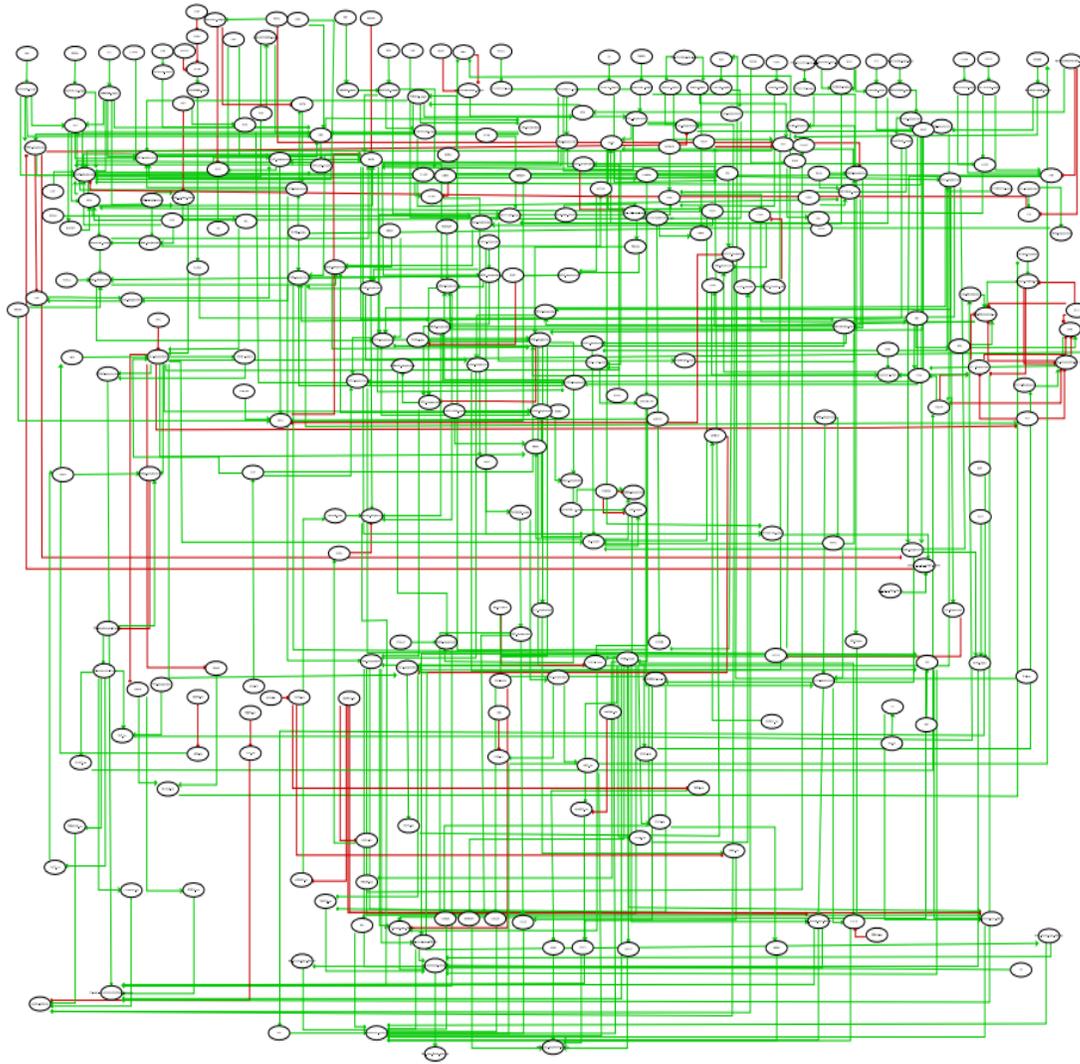
## B The corresponding model



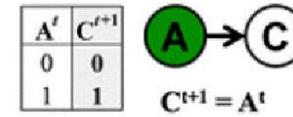
## C The logical rules associated with each node of the model

Nodes	Logical rules
Complex AB_complex	(Activator 2   Activator 1) & ! Inhibitor 1
Activator 1	Activator 1
Activator 2	Activator 2
Inhibitor 1	Inhibitor 1

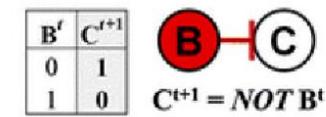
# A large-scale Boolean model for RA



## A Logic functions with one molecular regulator



Truth table



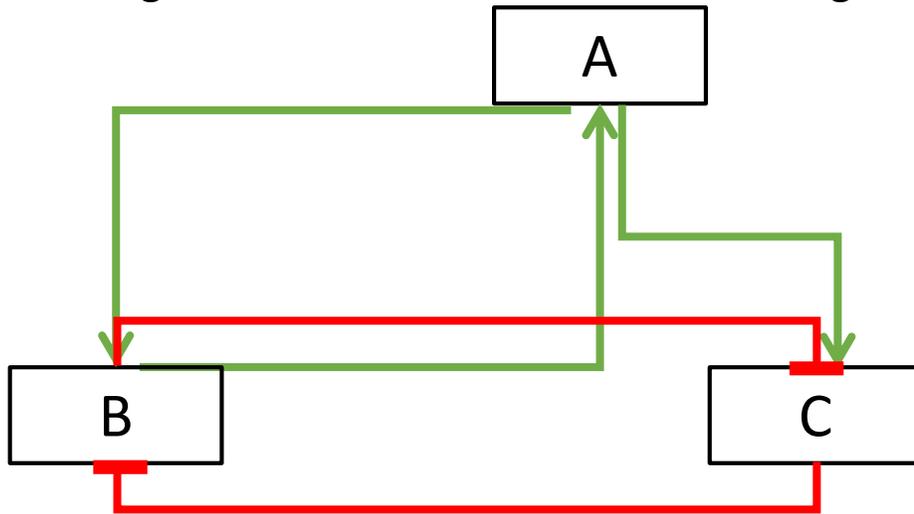
Truth table

## Logic functions with two molecular regulators

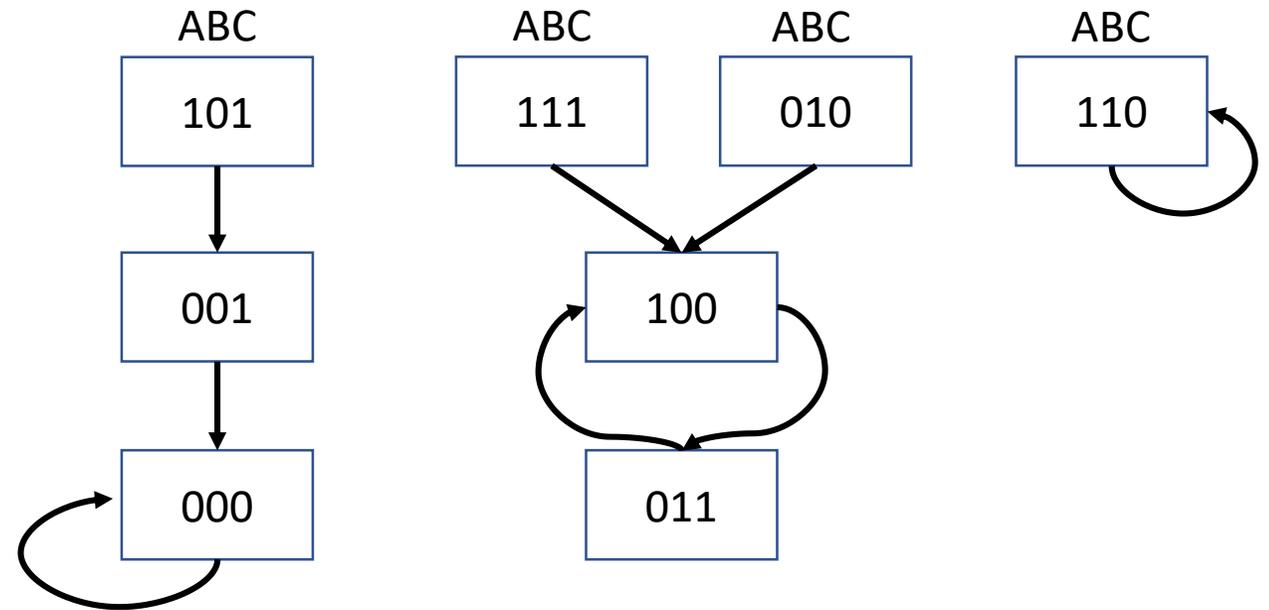
Non-specific Interaction Network	<i>AND</i> C is only ON in one condition	<i>OR</i> C is only OFF in one condition																														
<b>B</b> Two Activators 	$C^{t+1} = A^t AND B^t$  The presence of A and the presence of B activates C. <table border="1"><tr><td><math>A'</math></td><td><math>B'</math></td><td><math>C^{t+1}</math></td></tr><tr><td>0</td><td>0</td><td>0</td></tr><tr><td>1</td><td>0</td><td>0</td></tr><tr><td>0</td><td>1</td><td>0</td></tr><tr><td>1</td><td>1</td><td>1</td></tr></table>	$A'$	$B'$	$C^{t+1}$	0	0	0	1	0	0	0	1	0	1	1	1	$C^{t+1} = A^t OR B^t$  Either the presence A or the presence of B activates C. <table border="1"><tr><td><math>A'</math></td><td><math>B'</math></td><td><math>C^{t+1}</math></td></tr><tr><td>0</td><td>0</td><td>0</td></tr><tr><td>1</td><td>0</td><td>1</td></tr><tr><td>0</td><td>1</td><td>1</td></tr><tr><td>1</td><td>1</td><td>1</td></tr></table>	$A'$	$B'$	$C^{t+1}$	0	0	0	1	0	1	0	1	1	1	1	1
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$A'$	$B'$	$C^{t+1}$																														
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0	1	1																														
1	1	1																														
<b>C</b> One Activator and One Inhibitor 	$C^{t+1} = A^t AND NOT B^t$  The presence of A and the absence of B activates C. Inhibitor Dominant <table border="1"><tr><td><math>A'</math></td><td><math>B'</math></td><td><math>C^{t+1}</math></td></tr><tr><td>0</td><td>0</td><td>0</td></tr><tr><td>1</td><td>0</td><td>1</td></tr><tr><td>0</td><td>1</td><td>0</td></tr><tr><td>1</td><td>1</td><td>0</td></tr></table>	$A'$	$B'$	$C^{t+1}$	0	0	0	1	0	1	0	1	0	1	1	0	$C^{t+1} = A^t OR NOT B^t$  Either the presence of A or the absence of B activates C. Activator Dominant <table border="1"><tr><td><math>A'</math></td><td><math>B'</math></td><td><math>C^{t+1}</math></td></tr><tr><td>0</td><td>0</td><td>1</td></tr><tr><td>1</td><td>0</td><td>1</td></tr><tr><td>0</td><td>1</td><td>0</td></tr><tr><td>1</td><td>1</td><td>1</td></tr></table>	$A'$	$B'$	$C^{t+1}$	0	0	1	1	0	1	0	1	0	1	1	1
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$A'$	$B'$	$C^{t+1}$																														
0	0	1																														
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1	1	1																														
<b>D</b> Two Inhibitors 	$C^{t+1} = NOT A^t AND NOT B^t$  The absence of A and the absence of B activates C. <table border="1"><tr><td><math>A'</math></td><td><math>B'</math></td><td><math>C^{t+1}</math></td></tr><tr><td>0</td><td>0</td><td>1</td></tr><tr><td>1</td><td>0</td><td>0</td></tr><tr><td>0</td><td>1</td><td>0</td></tr><tr><td>1</td><td>1</td><td>0</td></tr></table>	$A'$	$B'$	$C^{t+1}$	0	0	1	1	0	0	0	1	0	1	1	0	$C^{t+1} = NOT A^t OR NOT B^t$  Either the absence of A or the absence of B activates C. <table border="1"><tr><td><math>A'</math></td><td><math>B'</math></td><td><math>C^{t+1}</math></td></tr><tr><td>0</td><td>0</td><td>1</td></tr><tr><td>1</td><td>0</td><td>1</td></tr><tr><td>0</td><td>1</td><td>1</td></tr><tr><td>1</td><td>1</td><td>0</td></tr></table>	$A'$	$B'$	$C^{t+1}$	0	0	1	1	0	1	0	1	1	1	1	0
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$A'$	$B'$	$C^{t+1}$																														
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# Systems biology to better understand complex diseases

- State graph : the transition of one variable from one point in time to the next
- Synchronous and asynchronous updating schemes
- **In synchronous models all Boolean functions are applied at the same time while in asynchronous models only one randomly chosen function is updated per step.**
- Long-term behavior = attractors = biological phenotypes

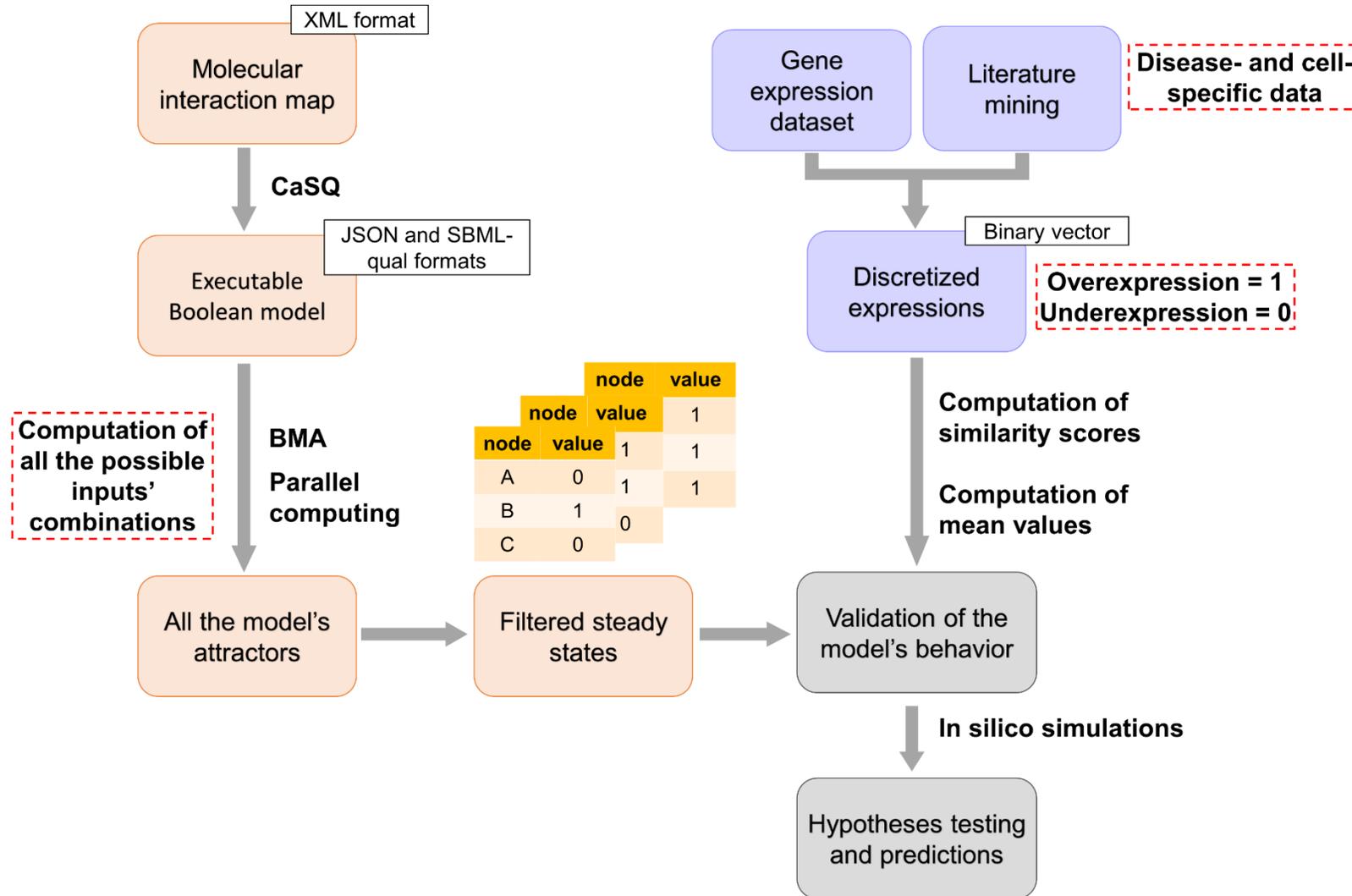


$A = B$   
 $B = A \text{ AND NOT } C$   
 $C = A \text{ AND NOT } B$



State transition graph and attractors of the toy model

# The proposed computational framework

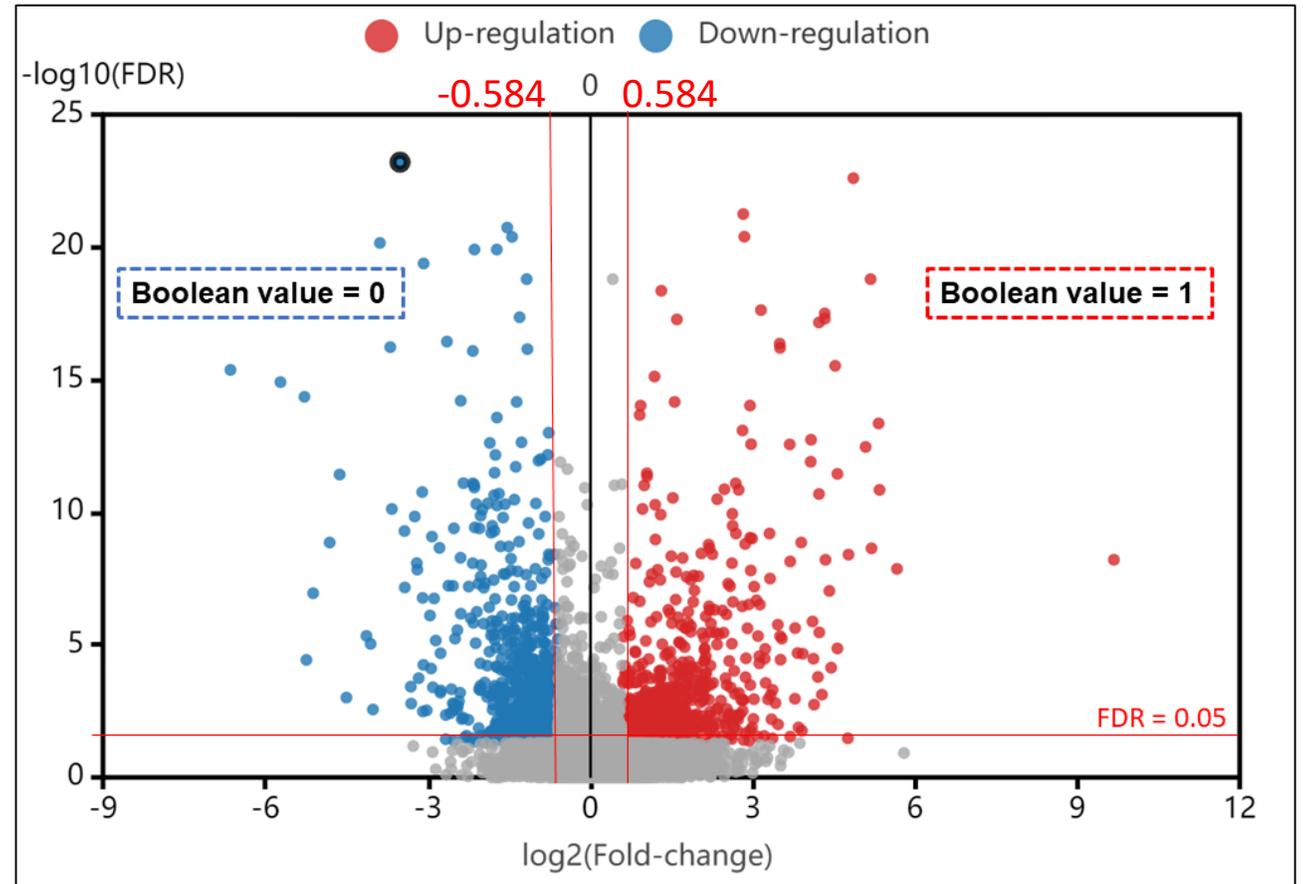


# Validation of the model's behavior

- Similarity score  $S = (N00 + N11)/(N00 + N11 + N10 + N01)$

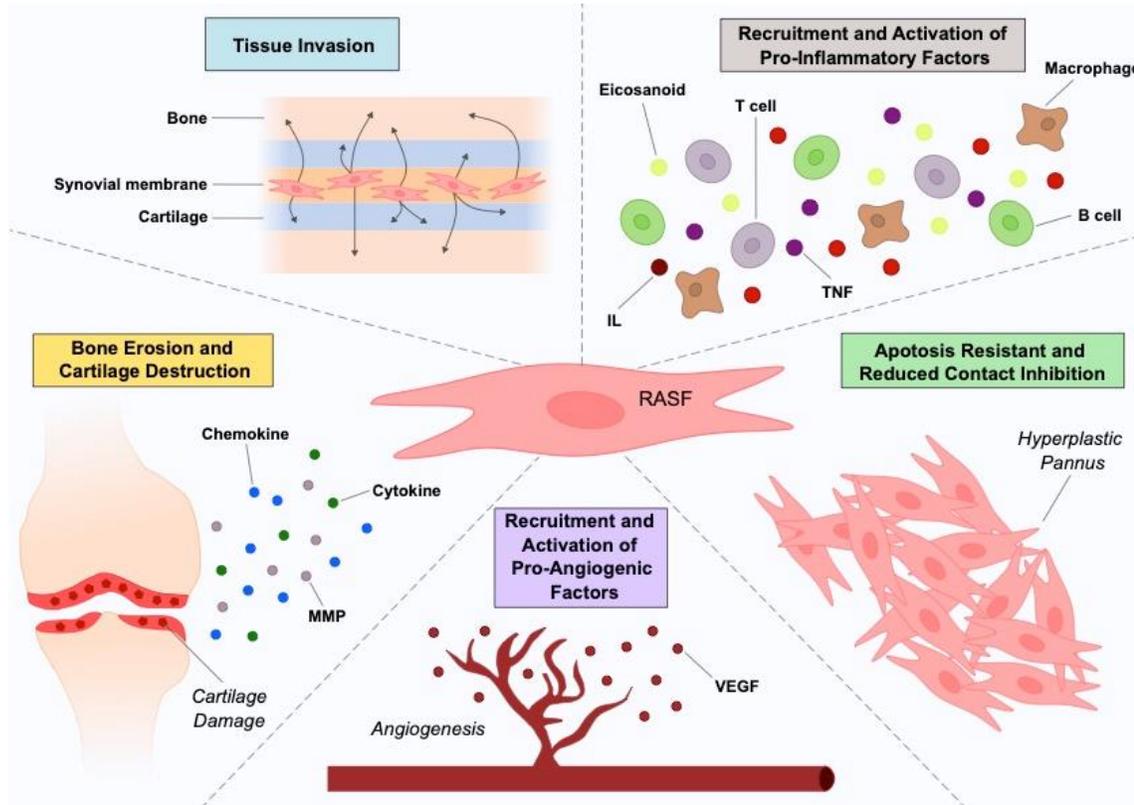
$N00$  and  $N11$  = number of nodes **with the same state** in both the steady state and the discretized vector of experimentally observed expressions

$N01$  and  $N10$  = number of nodes with **different states** in the steady state and the discretized vector of experimentally observed expressions



Gene expression discretization on a volcano plot showing the DEGs between RA and osteoarthritis synovial fibroblasts. DEGs were filtered using an FDR equal to 0.05 and a logFC equal to 0.584.

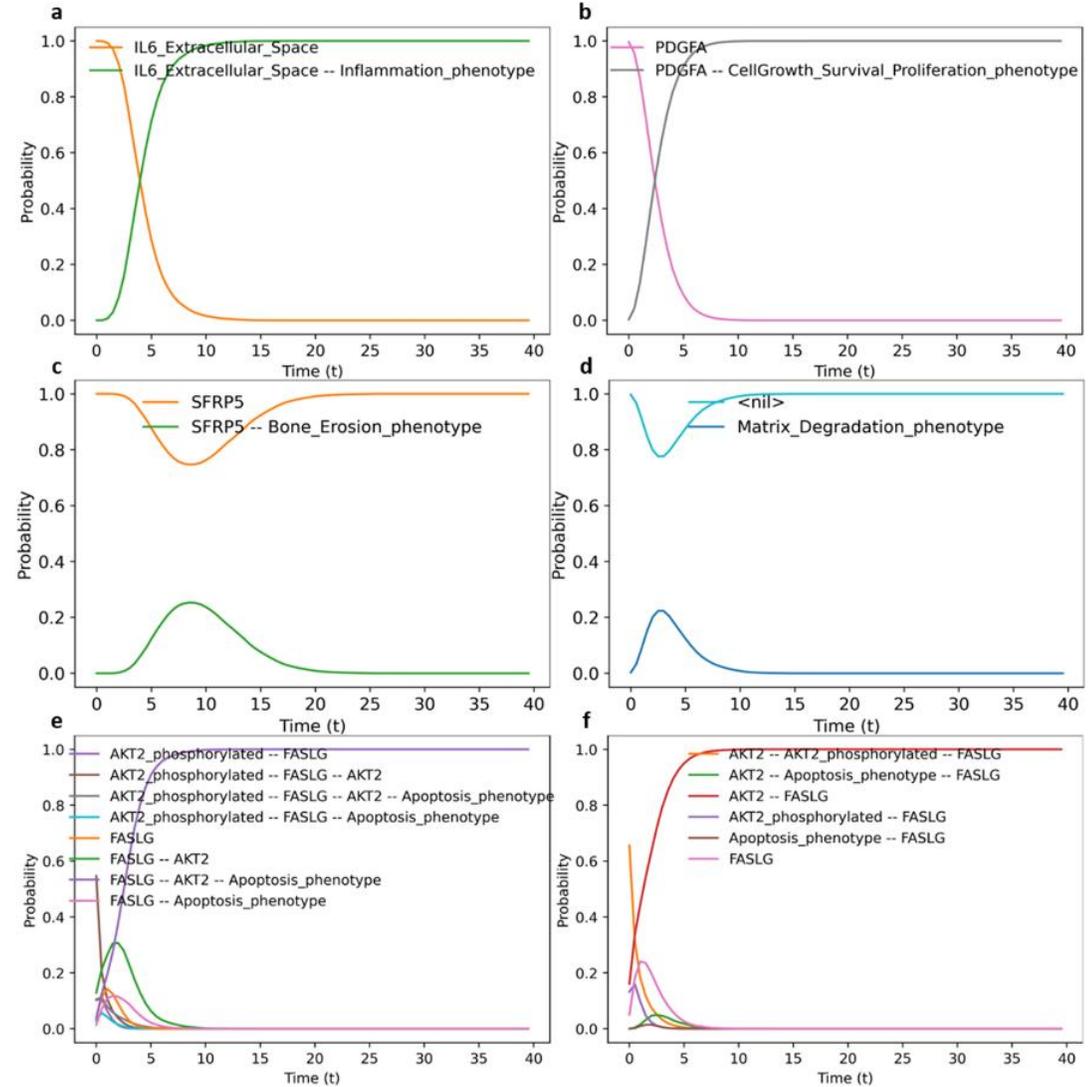
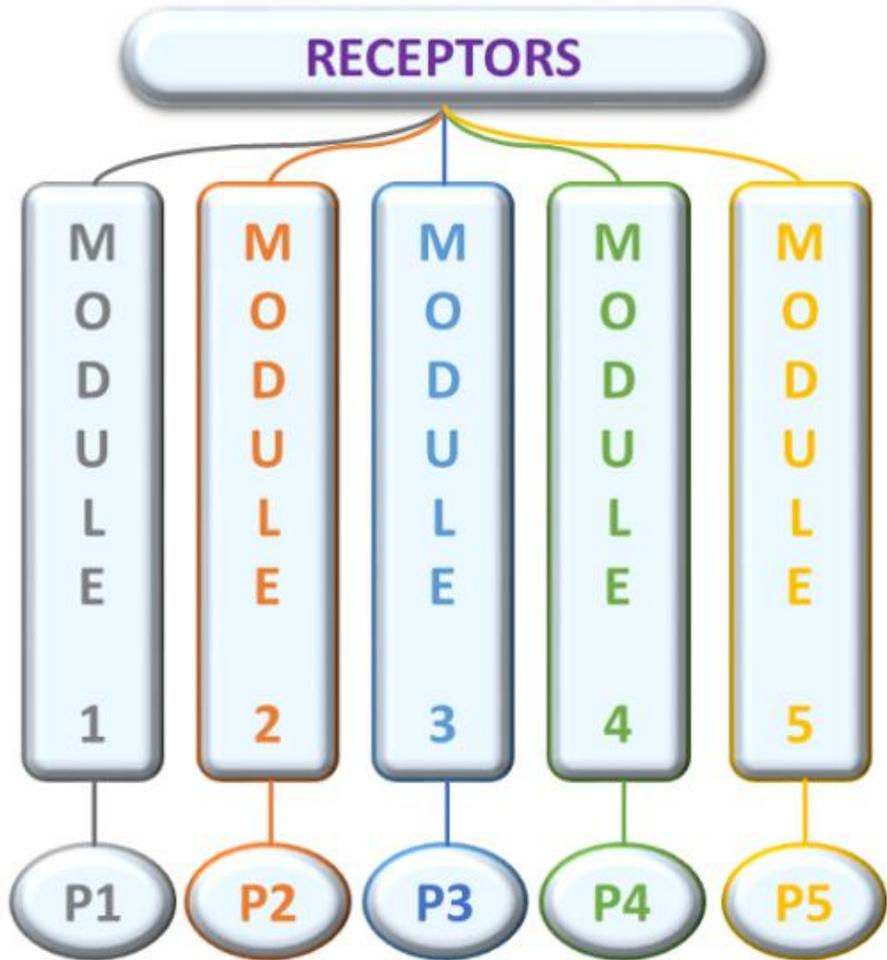
# Building a joint one cell at a time?



Models	Number of nodes	Number of edges
Cell proliferation/ cell growth/survival	235	364
Apoptosis	233	352
Inflammation	230	368
Osteoclastogenesis and bone erosion	217	341
Matrix Degradation	195	280
Model with five phenotypes	309	504

Adapted from **Aghakhani, S.**; Zerrouk, N.; Niarakis, A. *Cancers* (2021)

# A large-scale Boolean model for RA-FLS



# Modelling the effect of mono/ combined treatment

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Article | [Open access](#) | [Published: 15 July 2023](#)

## A large-scale Boolean model of the rheumatoid arthritis fibroblast-like synoviocytes predicts drug synergies in the arthritic joint

[Vidisha Singh](#), [Aurelien Naldi](#), [Sylvain Soliman](#) & [Anna Niarakis](#)

[npj Systems Biology and Applications](#) 9, Article number: 33 (2023) | [Cite this article](#)

1000 Accesses | 1 Citations | 6 Altmetric | [Metrics](#)

### Abstract

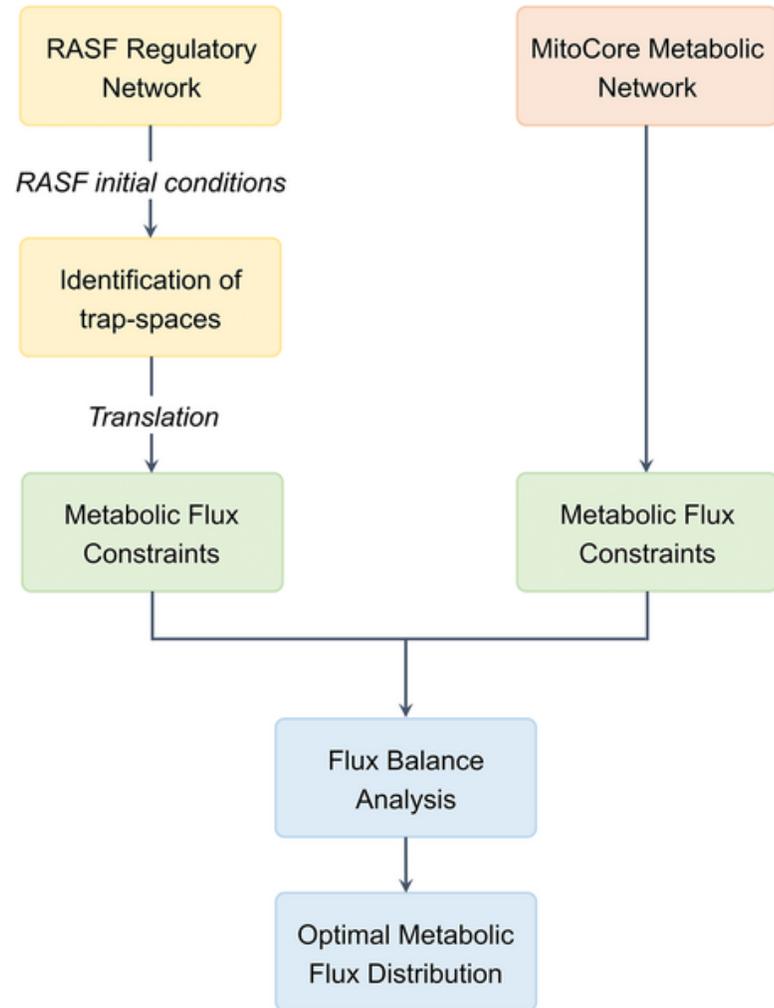
Rheumatoid arthritis (RA) is a complex autoimmune disease with an unknown aetiology. However, rheumatoid arthritis fibroblast-like synoviocytes (RA-FLS) play a significant role in initiating and perpetuating destructive joint inflammation by expressing immuno-modulating cytokines, adhesion molecules, and matrix remodelling enzymes. In addition, RA-FLS are primary drivers of inflammation, displaying high proliferative rates and an apoptosis-resistant phenotype. Thus, RA-FLS-directed therapies could become a complementary approach to

Mono drug therapy	Targets
Tocilizumab, Sarilumab	IL-6 <sup>98</sup>
Etanercept, Infliximab, Adalimumab, Golimumab, and Certolizumab Pegol	TNF <sup>55,98</sup>
Tofacitinib (RA-FLS), Baricitinib, Itacitinib	JAK <sup>98,99</sup>
Secukinumab	IL-17 <sup>98</sup>
Andecaliximab, Celestrol (RA-FLS)	MMP9 <sup>98,100,101</sup>
Imatinib	PDGF <sup>16,102</sup>
Methotrexate	IL1B, PDGF, NFKB <sup>103,104</sup>
Anakinra	IL1B <sup>105</sup>

Combined drug therapy	Targets
Methotrexate + Sarilumab (or Tocilizumab)	NFKB, PDGFA, IL1B targeted by Methotrexate + IL-6 targeted by Sarilumab <sup>106,107</sup>
Methotrexate + Cyclosporine	NFKB, PDGFA, IL1B targeted by Methotrexate + Calcineurin targeted by Cyclosporine <sup>108,109</sup>
Methotrexate + Azathioprine	NFKB, PDGFA, IL1B targeted by Methotrexate + RAC1 by Azathioprine <sup>110,111</sup>
Methotrexate + Hydroxychloroquine	NFKB, PDGFA, IL1B targeted by Methotrexate + TLRs targeted by hydroxychloroquine <sup>112,113</sup>
Methotrexate + Etanercept, Golimumab, Adalimumab, Infliximab, Certolizumab Pegol, Tocilizumab, Sarilumab	NFKB, PDGF, IL1B targeted by Methotrexate + TNF targeted by Etanercept, Golimumab, Adalimumab, Infliximab, Certolizumab Pegol, Tocilizumab, Sarilumab <sup>114</sup>

Identified drugs	Target components	Target phenotypes and expected effect
Pamidronate, Incadronate, and Zoledronic Acid	CAV1	Apoptosis
Sarilumab, Tocilizumab	IL-6	Inflammation
GSK2618960, and T-5224, Acitretin	IL7 AP-1	Bone erosion
Batimastat	MMP3	Matrix degradation
666-15 and AS1842856	CREB1 YWHAQ (FOXO1)	Cell proliferation

## General architecture of the hybrid modeling framework.



OPEN ACCESS PEER-REVIEWED  
 RESEARCH ARTICLE

### Metabolic reprogramming in Rheumatoid Arthritis Synovial Fibroblasts: A hybrid modeling approach

Sahar Aghakhani, Sylvain Soliman, Anna Niarakis

Version 2 Published: December 12, 2022 • <https://doi.org/10.1371/journal.pcbi.1010408>

Article	Authors	Metrics	Comments	Media Coverage	Peer Review
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#### Abstract

- Author summary
- 1. Introduction
- 2. Methods
- 3. Results
- 4. Discussion
- 5. Perspectives
- 6. Conclusion
- Supporting information
- References
- Reader Comments
- Figures

#### Abstract

Rheumatoid Arthritis (RA) is an autoimmune disease characterized by a highly invasive pannus formation consisting mainly of Synovial Fibroblasts (RASFs). This pannus leads to cartilage, bone, and soft tissue destruction in the affected joint. RASFs' activation is associated with metabolic alterations resulting from dysregulation of extracellular signals' transduction and gene regulation. Deciphering the intricate mechanisms at the origin of this metabolic reprogramming may provide significant insight into RASFs' involvement in RA's pathogenesis and offer new therapeutic strategies. Qualitative and quantitative dynamic modeling can address some of these features, but hybrid models represent a real asset in their ability to span multiple layers of biological machinery. This work presents the first hybrid RASF model: the combination of a cell-specific qualitative regulatory network with a global metabolic network. The automated framework for hybrid modeling exploits the regulatory dynamic network's trap-spaces as additional constraints on the metabolic network. Subsequent flux balance analysis allows assessment of RASFs' regulatory outcomes' impact on their metabolic flux distribution. The hybrid RASF model reproduces the experimentally observed metabolic reprogramming induced by signaling and gene regulation in RASFs. Simulations also enable further hypotheses on the potential reverse Warburg effect in RA. RASFs may undergo metabolic reprogramming to turn into "metabolic factories", producing high levels of energy-rich fuels and nutrients for neighboring demanding cells through the crucial role of HIF1.

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#### Subject Areas

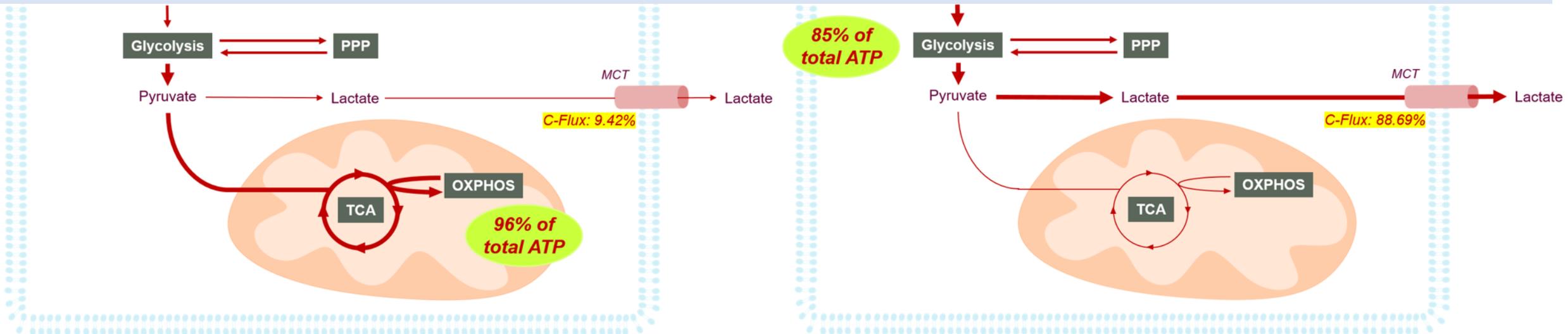
- Enzyme metabolism
- Cell metabolism
- Metabolic pathways
- Metabolic networks
- Enzyme regulation
- Gene regulation
- Enzymes
- Hypoxia

Aghakhani S, Soliman S, Niarakis A (2022) Metabolic reprogramming in Rheumatoid Arthritis Synovial Fibroblasts: A hybrid modeling approach. PLOS Computational Biology 18(12): e1010408. <https://doi.org/10.1371/journal.pcbi.1010408>  
<https://journals.plos.org/ploscompbiol/article?id=10.1371/journal.pcbi.1010408>

# A hybrid model for RASF

## Constraining FBA with Stable States Constraints

- **8 trap-spaces** identified;
  - **12 metabolite's stable states = 0** (out of 29 common metabolites between RASF-Model and MitoCore);
  - **7 metabolic enzyme's stable states = 0** (out of 19 common enzymes between RASF-Model and MitoCore);
- ⇒ **50 metabolic reactions' flux constrained to 0** from the regulatory network.



# Knockout simulations and FBA results reveal an important role of HIF1 as a metabolic switch

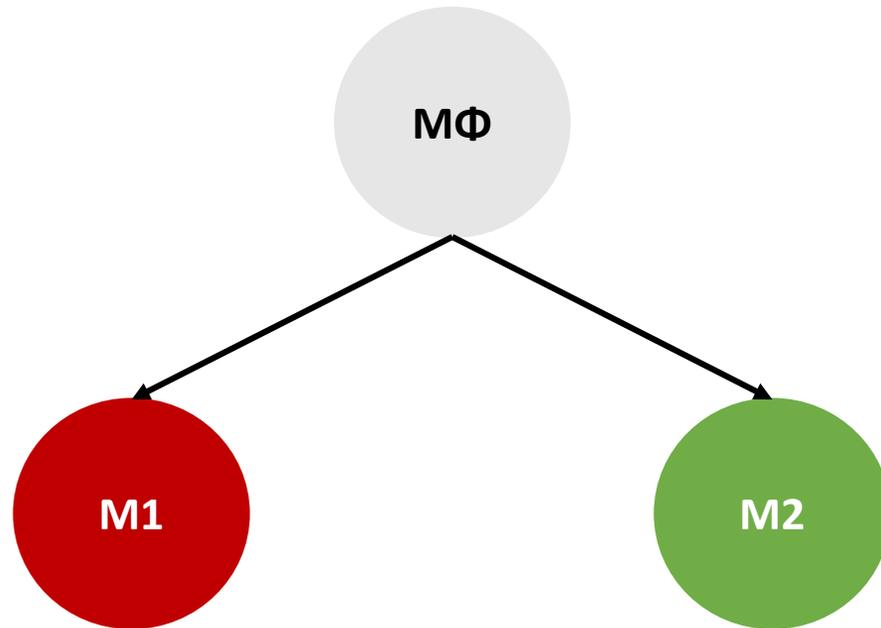
Component	Set of Initial Conditions													
	C1	C2	C3	C4	C5	C6	C7	C8	C9	C10	C11	C12	C13	C14
FASLG	0	1	1	1	1	1	1	1	1	1	1	1	1	1
FGF1	1	0	1	1	1	1	1	1	1	1	1	1	1	1
HIF1	1	1	0	1	1	1	1	1	1	1	1	1	1	1
IKBA/NFKB1/RELA	1	1	1	0	1	1	1	1	1	1	1	1	1	1
IL17A	1	1	1	1	0	1	1	1	1	1	1	1	1	1
IL18	1	1	1	1	1	0	1	1	1	1	1	1	1	1
IL6	1	1	1	1	1	1	0	1	1	1	1	1	1	1
MIR192	0	0	0	0	0	0	0	1	0	0	0	0	0	0
PDGFA	1	1	1	1	1	1	1	1	0	1	1	1	1	1
RANKL	1	1	1	1	1	1	1	1	1	0	1	1	1	1
SFRP5	0	0	0	0	0	0	0	0	0	0	1	0	0	0
TGFB1	1	1	1	1	1	1	1	1	1	1	1	0	1	1
TNF	1	1	1	1	1	1	1	1	1	1	1	1	0	1
WNT5A	1	1	1	1	1	1	1	1	1	1	1	1	1	0
<b>Glycolysis</b>	85.1	85.1	0	85.1	85.1	85.1	85.1	85.1	85.1	85.1	85.1	85.1	85.1	85.1
<b>OXPPOS</b>	14.9	14.9	100	14.9	14.9	14.9	14.9	14.9	14.9	14.9	14.9	14.9	14.9	14.9

<https://doi.org/10.1371/journal.pcbi.1010408.t004>

This finding suggests that targeting HIF1 could participate in the restoration of a healthy metabolic profile in RASFs.

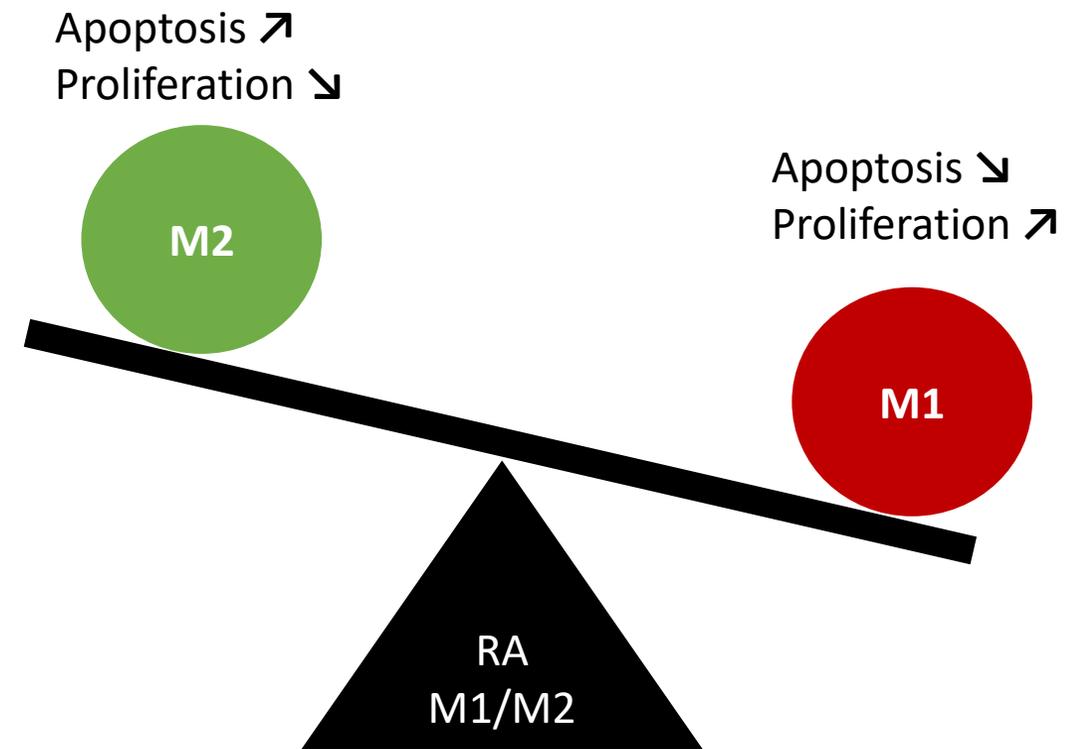
Furthermore, this is consistent with recent experimental studies demonstrating that HIF1 knockdown reduces glycolytic metabolism in human synovial fibroblasts.

# Targeting macrophages in RA

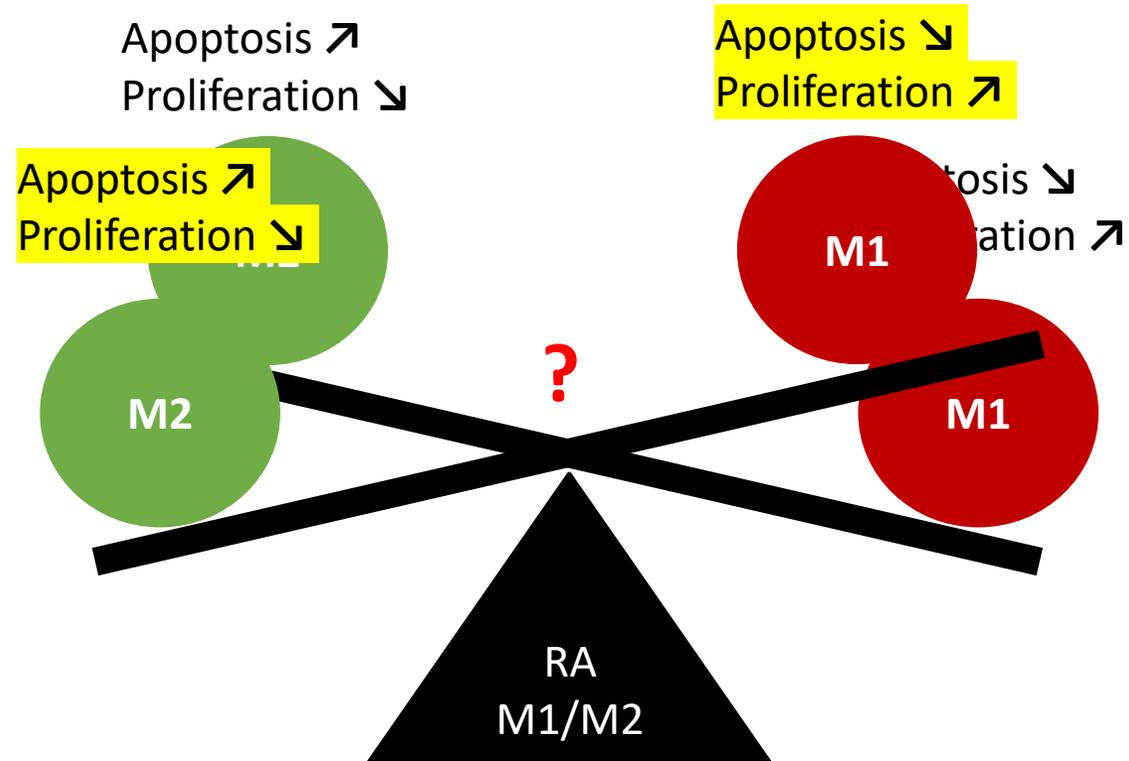


Inflammatory cytokines  
Matrix degradation enzymes  
Proinflammatory T  
activation

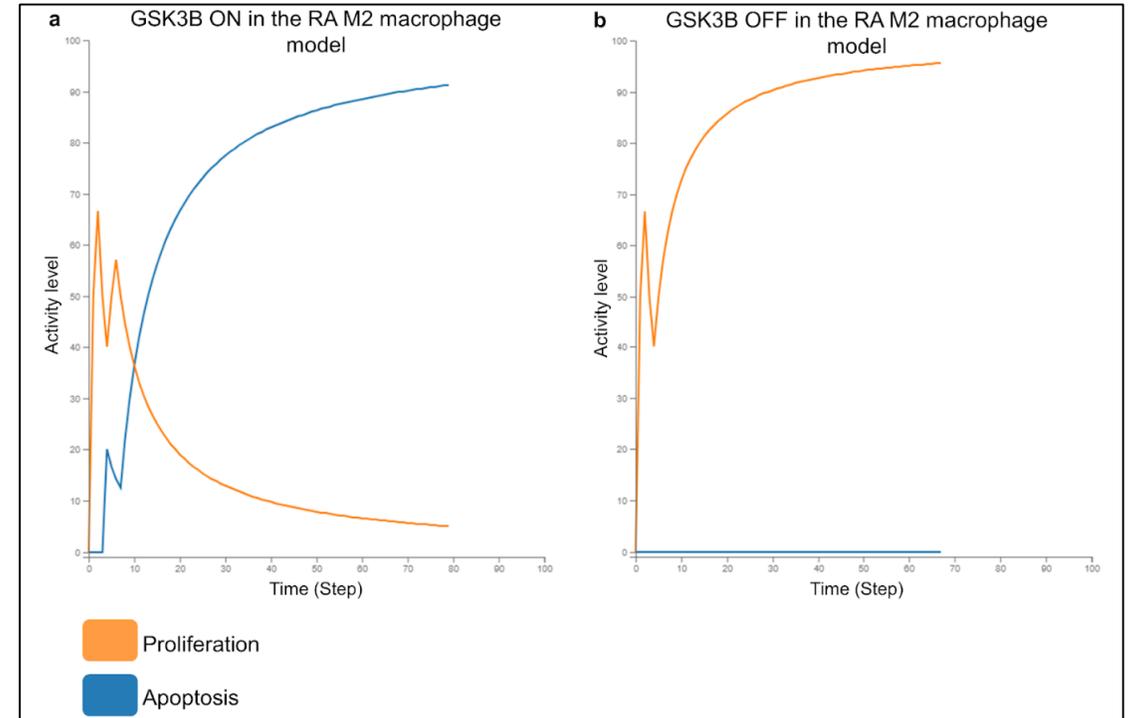
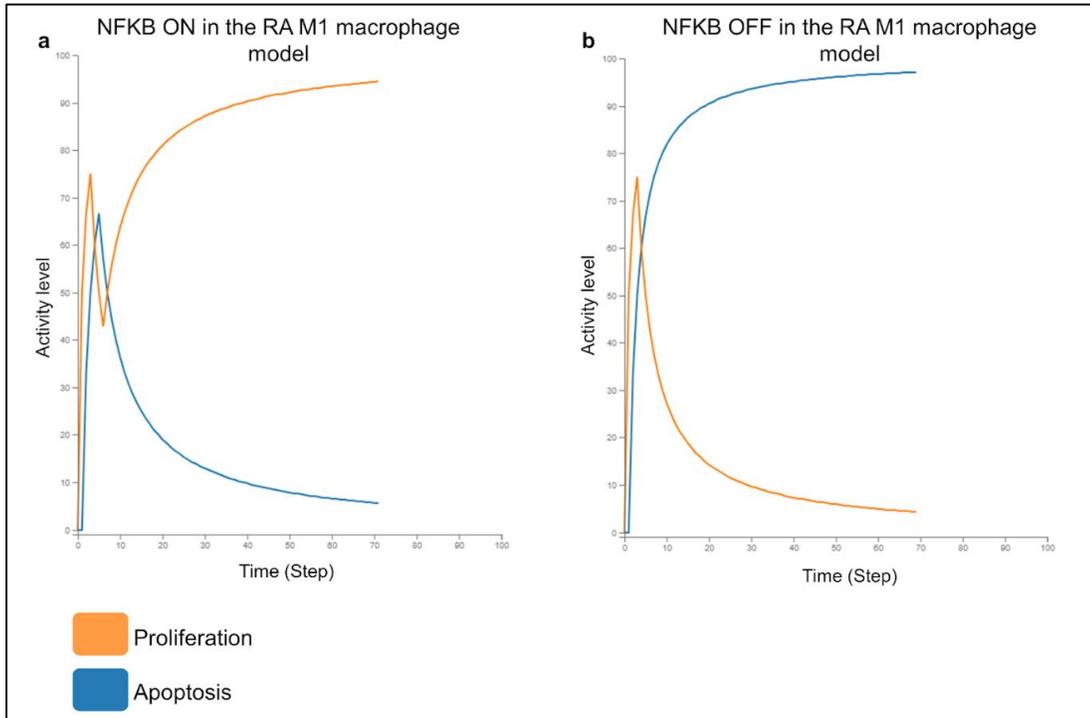
Anti-inflammatory cytokines  
Tissue homeostasis and  
repair  
Regulatory T cells activation



# Selective M1 macrophage depletion and M2 macrophage promotion in the RA synovium



# Selective M1 macrophage depletion and M2 macrophage promotion in the RA synovium



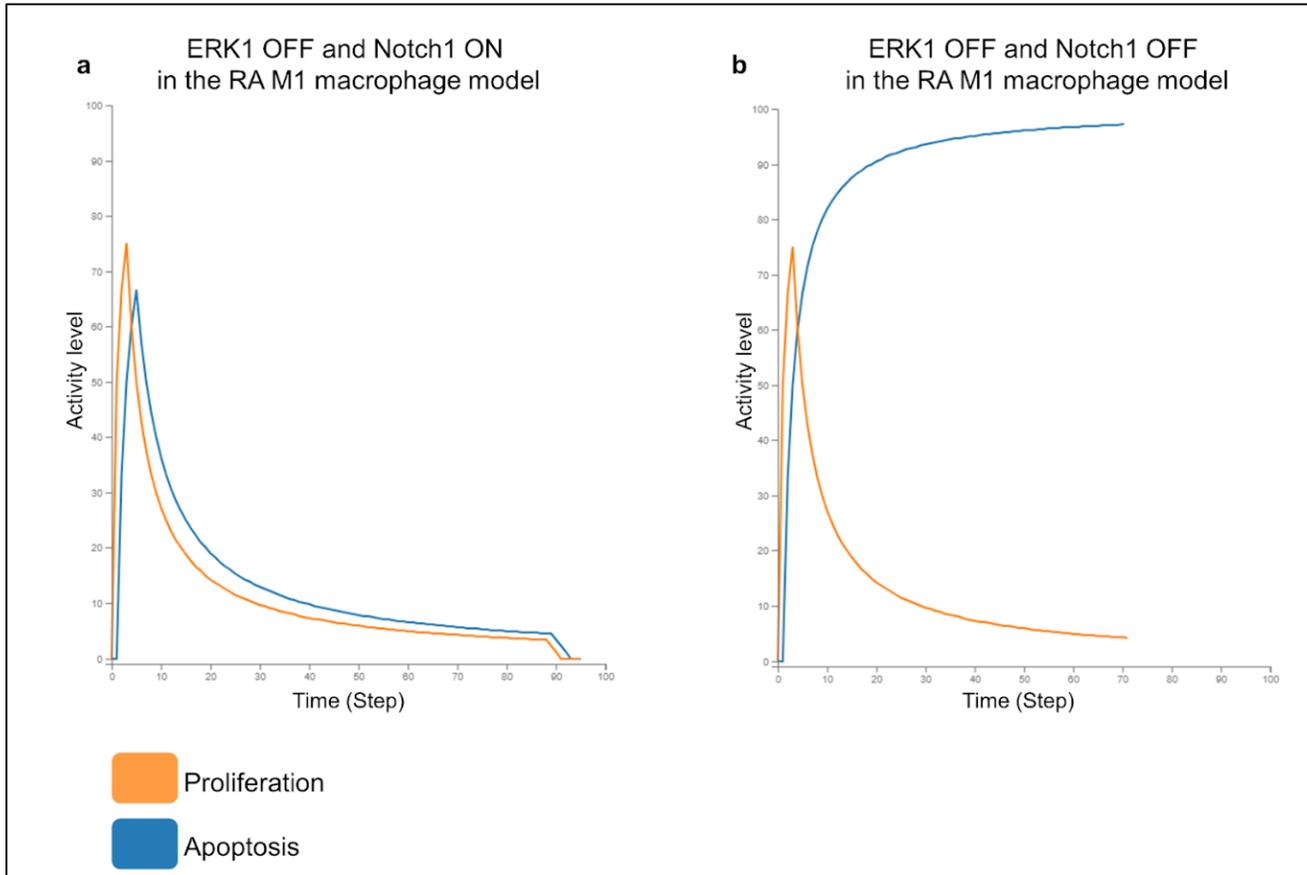
**NF- $\kappa$ B inhibition** for therapeutic interventions in RA & for downregulating the **M1 markers**

(Xia et al., 2018, Cutolo et al., 2022)

**GSK3B inhibition** for therapeutic interventions in RA & for increasing the expression of the **M2 markers** (Kwon et al., 2014, Peng et al., 2022)

(Zerrouk et al., npj SBA, 2024)

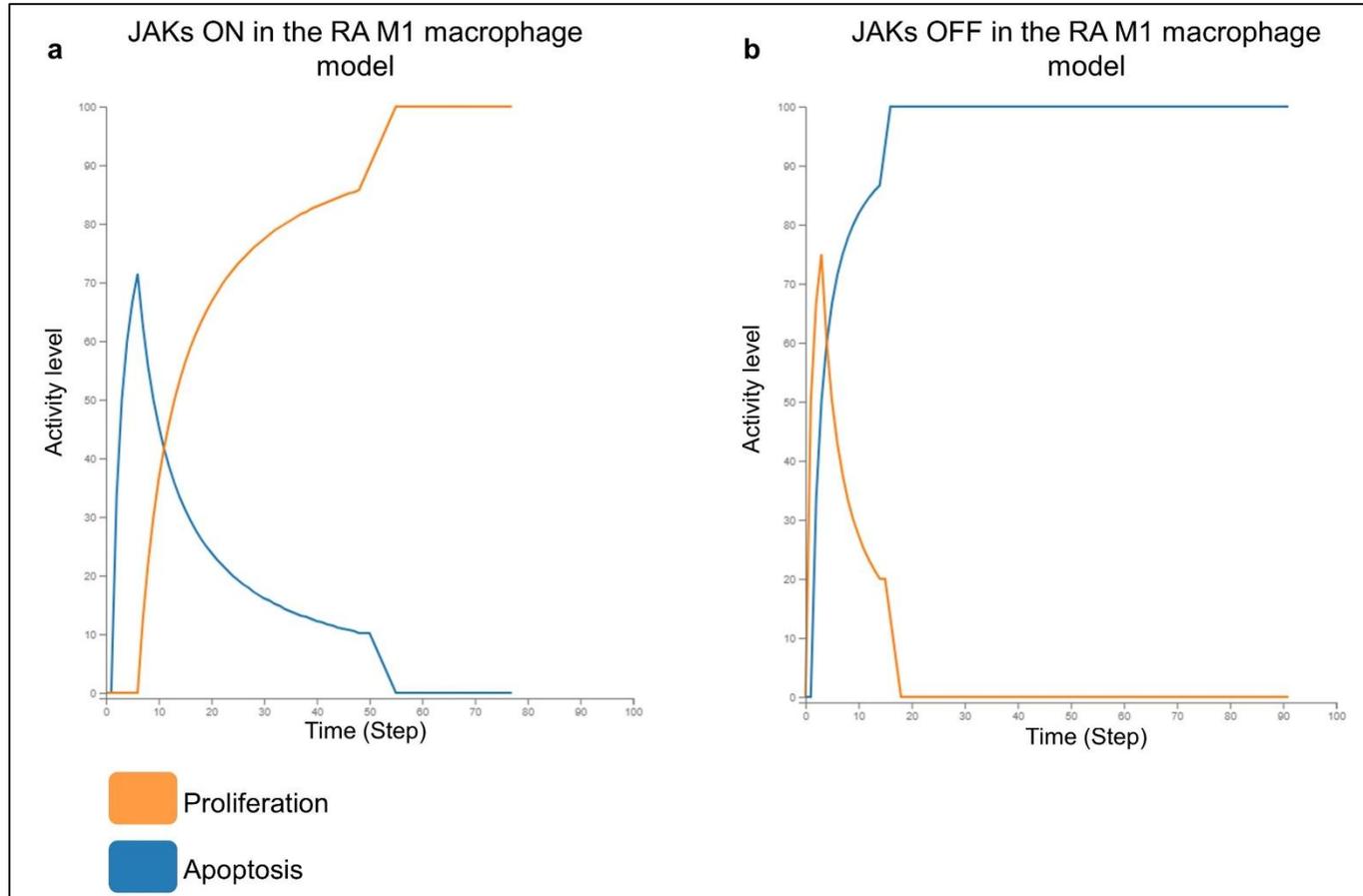
# Selective M1 macrophage depletion and M2 macrophage promotion in the RA synovium



The potential therapeutic value of co-targeting **ERK1 and Notch1** has already been demonstrated in cancer but **not in RA** (Krepler et al., 2016)

(Zerrouk et al., npj SBA, 2024)

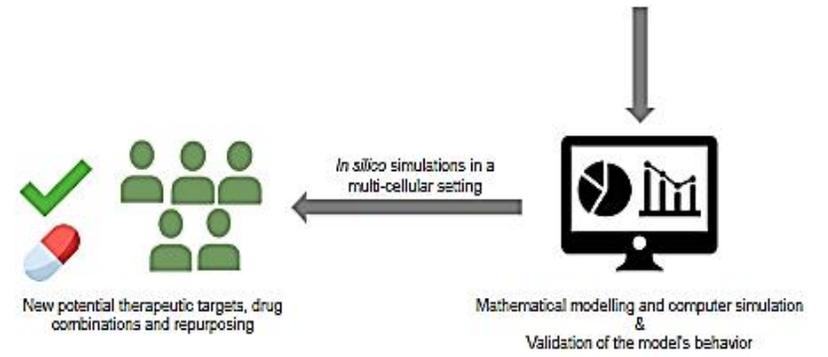
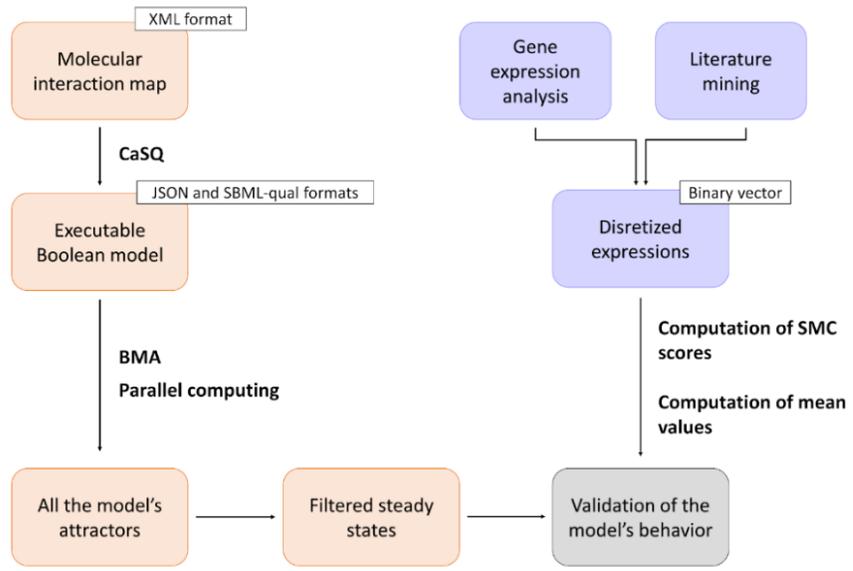
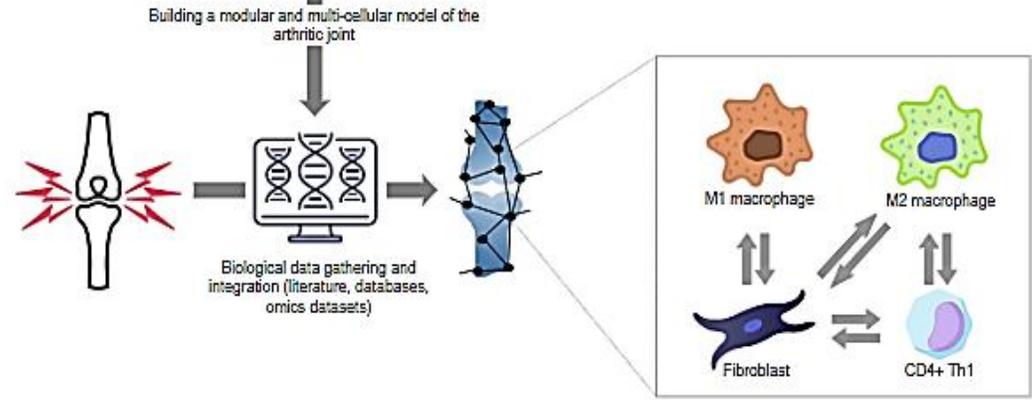
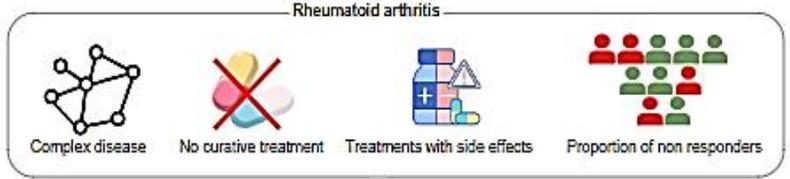
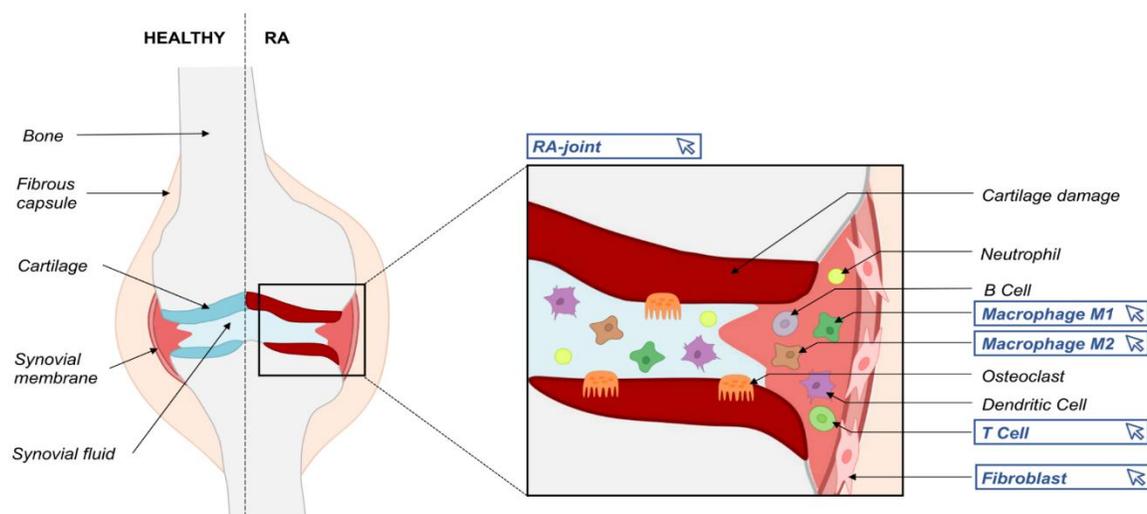
# Selective M1 macrophage depletion and M2 macrophage promotion in the RA synovium



Baricitinib is an FDA approved drug for treating RA → Its **effect on the macrophage's phenotypes is not understood** (Magnon et al., 2019, Palasiewicz et al., 2021)

(Zerrouk et al., npj SBA, 2024)

# Building a multicellular model for RA – SANOFI R&D



# RA multicellular map construction

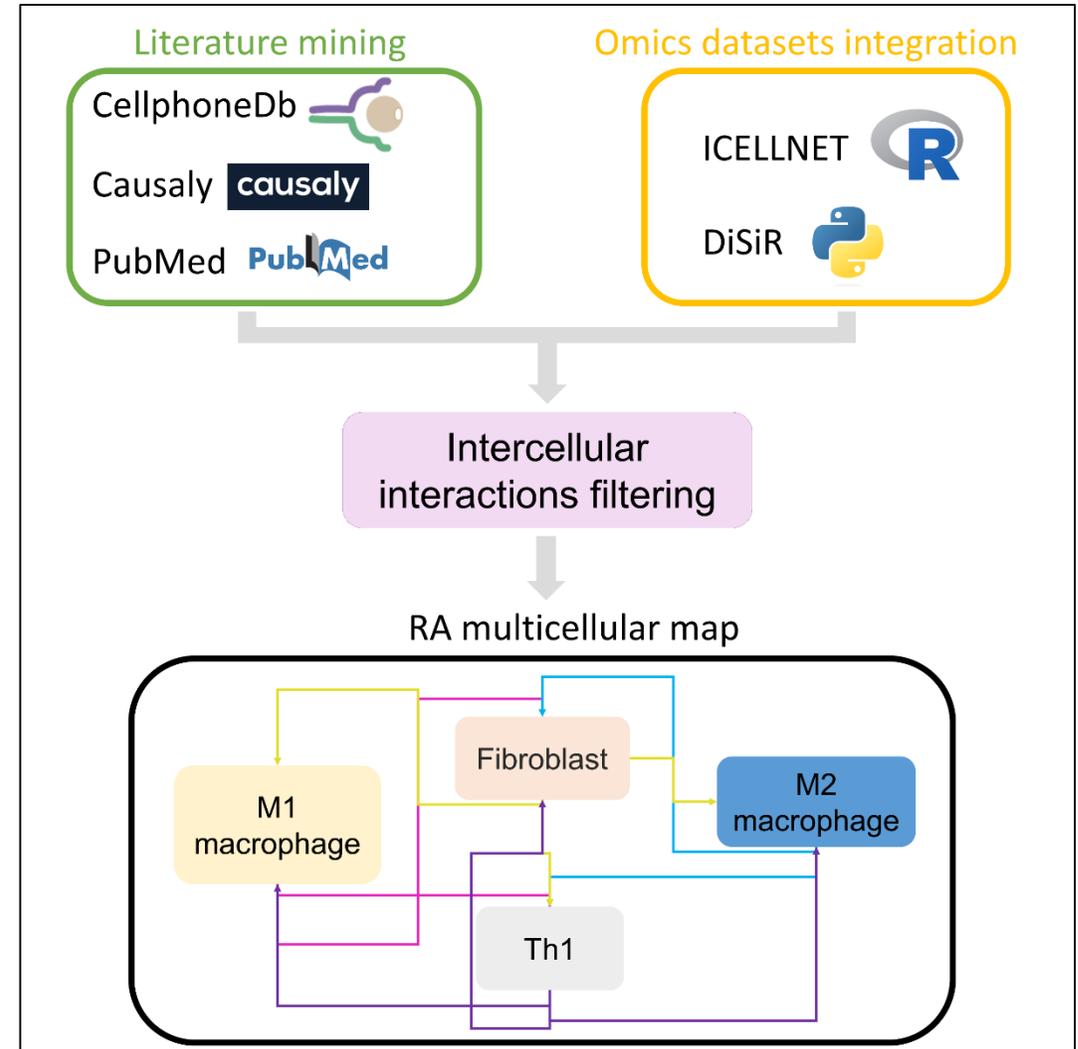
- Literature and databases mining, Causaly and CellphoneDB, search in PubMed
- Integration of omics datasets via ICELLNET and DiSiR to identify statistically significant interactions
- Filtering of the retrieved interactions to cross validate the results
- Connection of the RA cell-specific maps and generation of the first RA multicellular map.

<https://www.causaly.com/our-company>

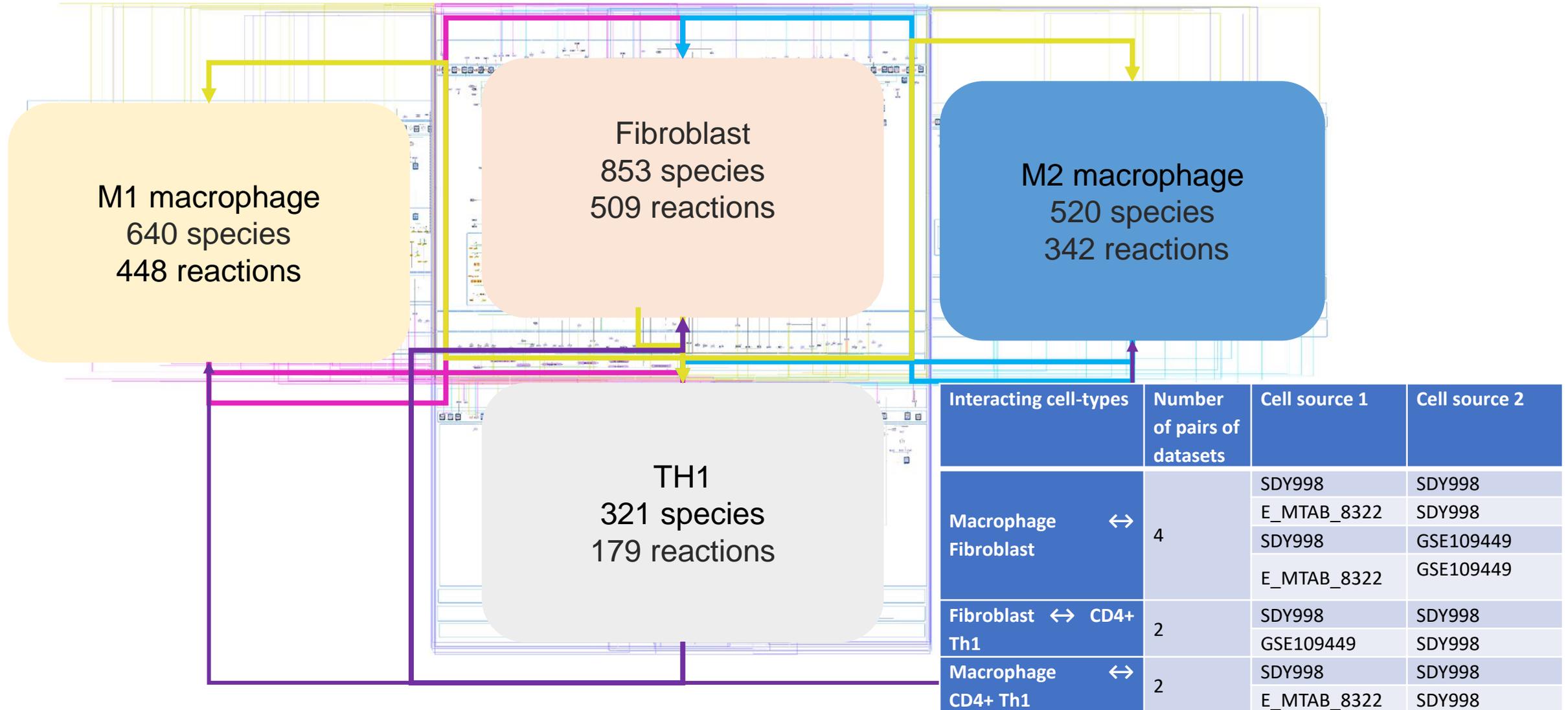
(Efremova et al., 2020)

(Noel et al., 2021)

(Vahid et al., 2023)



# Integrating detailed cellular crosstalk between cell specific maps (source of multiple challenges)



# In silico simulations

Version 1      Overview    Model    Simulation    Analysis    Network Analysis    Knowledge Base

### Simulation Control

Time (Step): 96

Simulation Speed:

Sliding Window:

Initial State: **Calibrated state**

Updating: **Synchronous**

### External Components

Environment: **Calibrated state**

Name	Activity
AGT	<input type="range" value="100 %"/>
APAF1	<input type="range" value="100 %"/>
ASC_M1 macrophage : Cytoplasm	<input type="range" value="100 %"/>
ASC_M2 macrophage: cytoplasm	<input type="range" value="100 %"/>

### Internal Components

Name	Activity
<input checked="" type="checkbox"/> CAV1_ma	0% <input checked="" type="checkbox"/>
<input checked="" type="checkbox"/> apoptosis_fibroblast_phenotype	100% <input type="checkbox"/>
<input checked="" type="checkbox"/> proliferation/survival_fibroblast_phenotype	0% <input type="checkbox"/>
<input checked="" type="checkbox"/> Cell chemotaxis/migration_fibroblast_phenotype	0% <input type="checkbox"/>

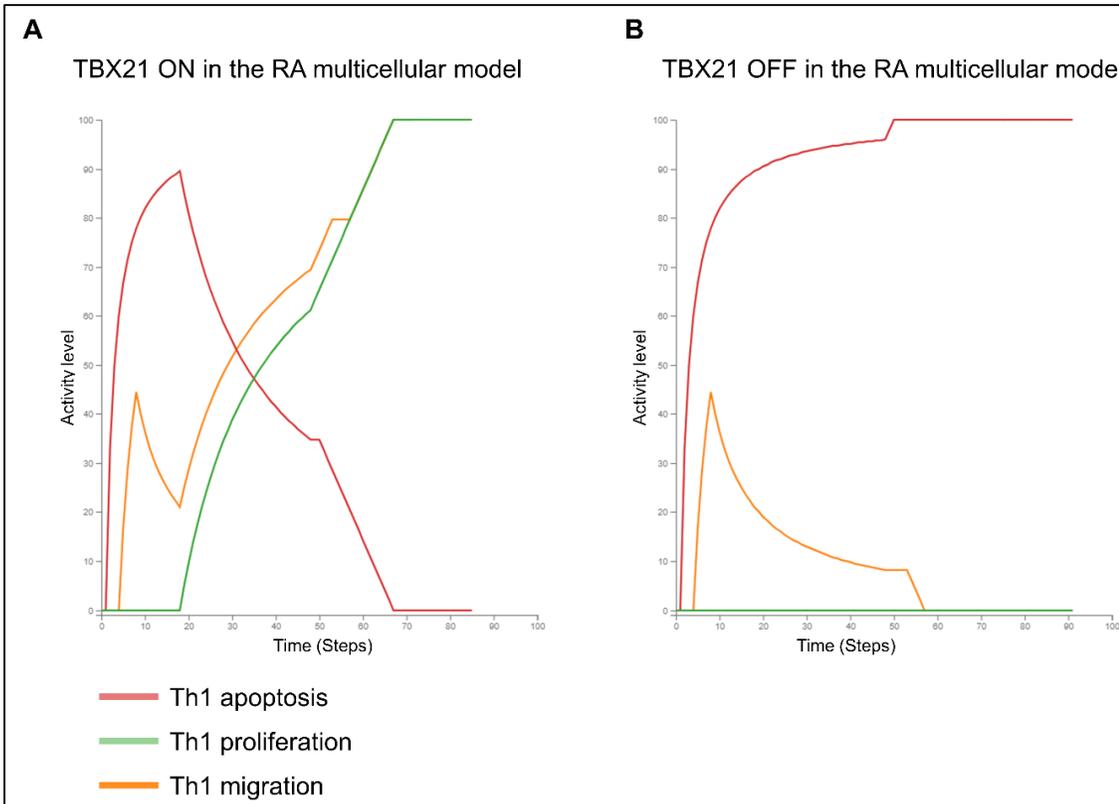
### Activity Network

Layout: 3486a192037c81e7bc8119e2t

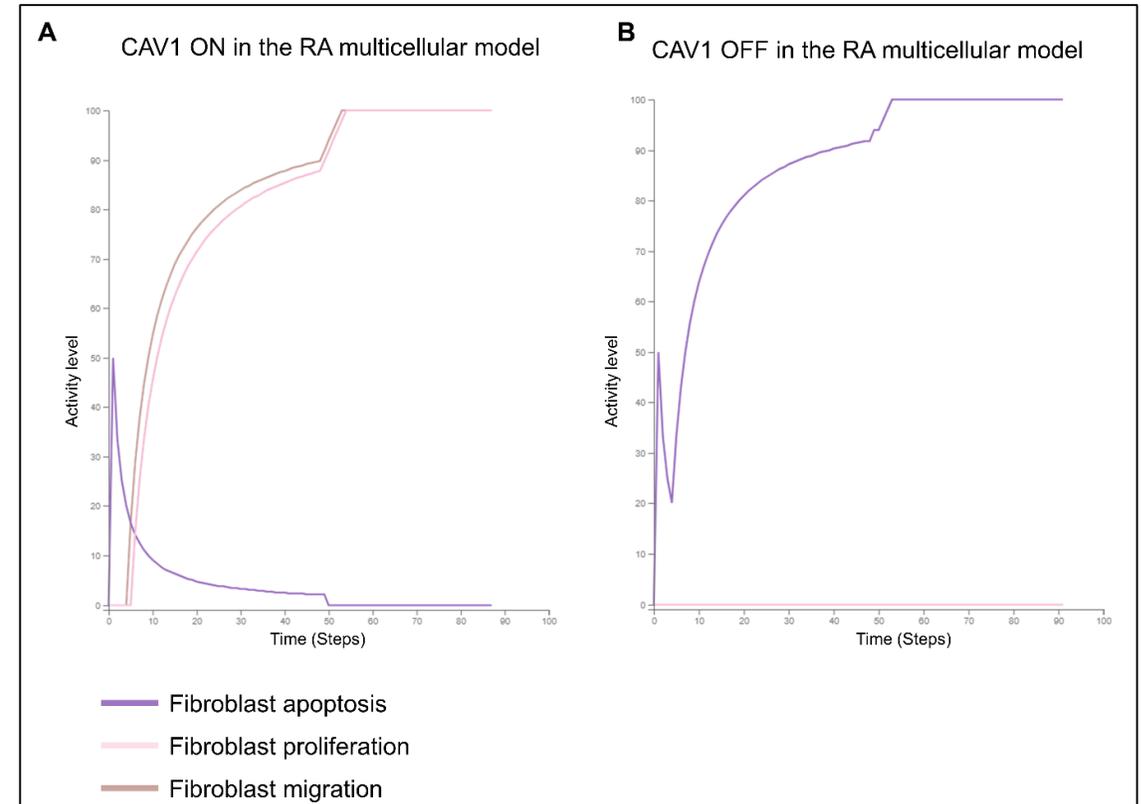
### Simulation Graph

Time (Step)	CAV1_ma	Cell chemotaxis/migration	apoptosis	proliferation/survival
0	0%	0%	50	0%
10	0%	0%	70	0%
20	0%	0%	85	0%
30	0%	0%	90	0%
40	0%	0%	95	0%
50	0%	0%	100	0%
60	0%	0%	100	0%
70	0%	0%	100	0%
80	0%	0%	100	0%
90	0%	0%	100	0%
100	0%	0%	100	0%

# Investigation of new therapeutic options using the RA multicellular model

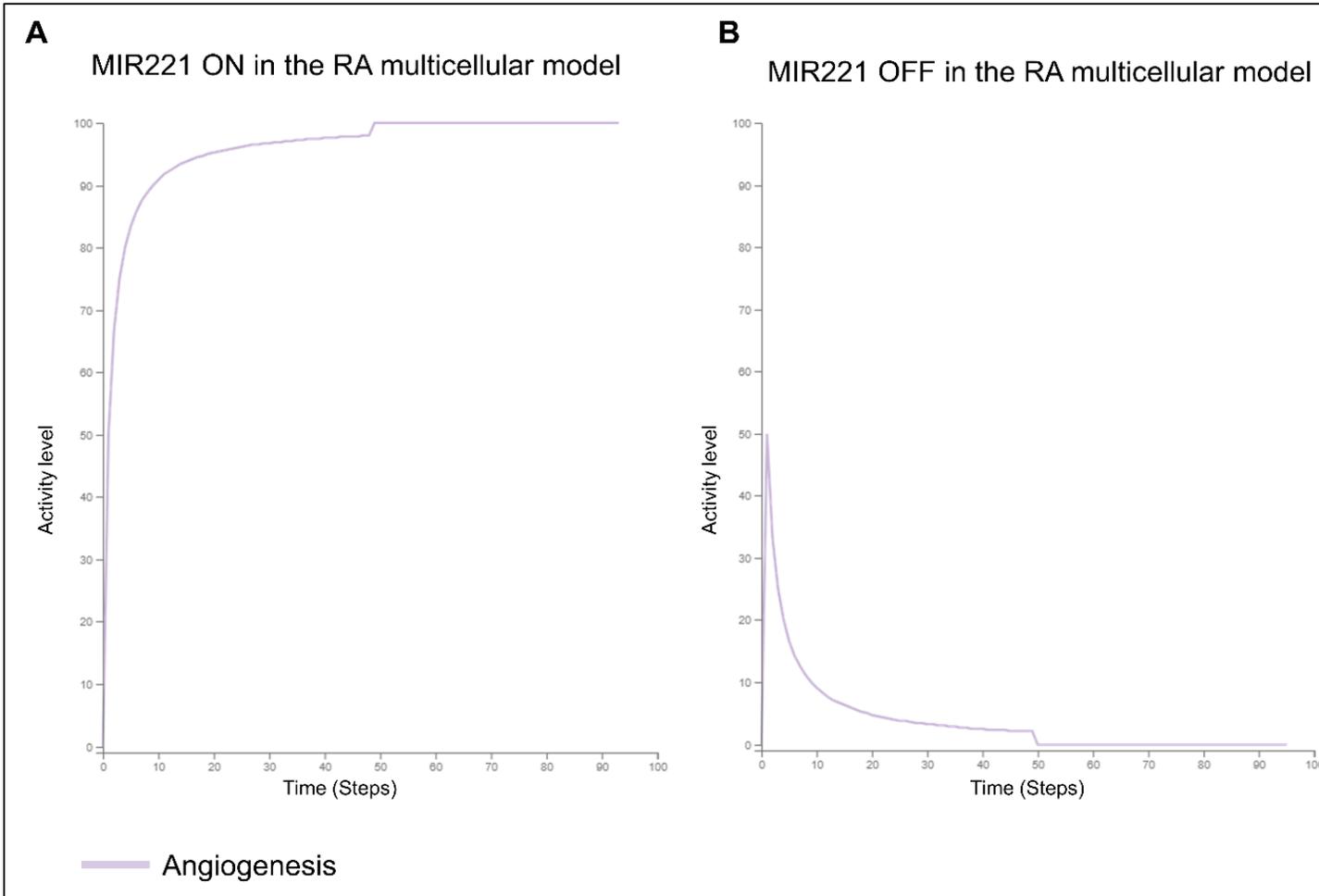


Published experimental evidence support **TBX21** inhibition for **downregulating hyperactive RA Th1** (Xue et al., 2014, Bruyn et al., 2007)



Published literature support **CAV1** inhibition for **downregulating hyperactive RA fibroblasts** (Xing et al., 2016, Li et al., 2017, Takeba et al., 2000)

# Investigation of new therapeutic options using the RA multicellular model

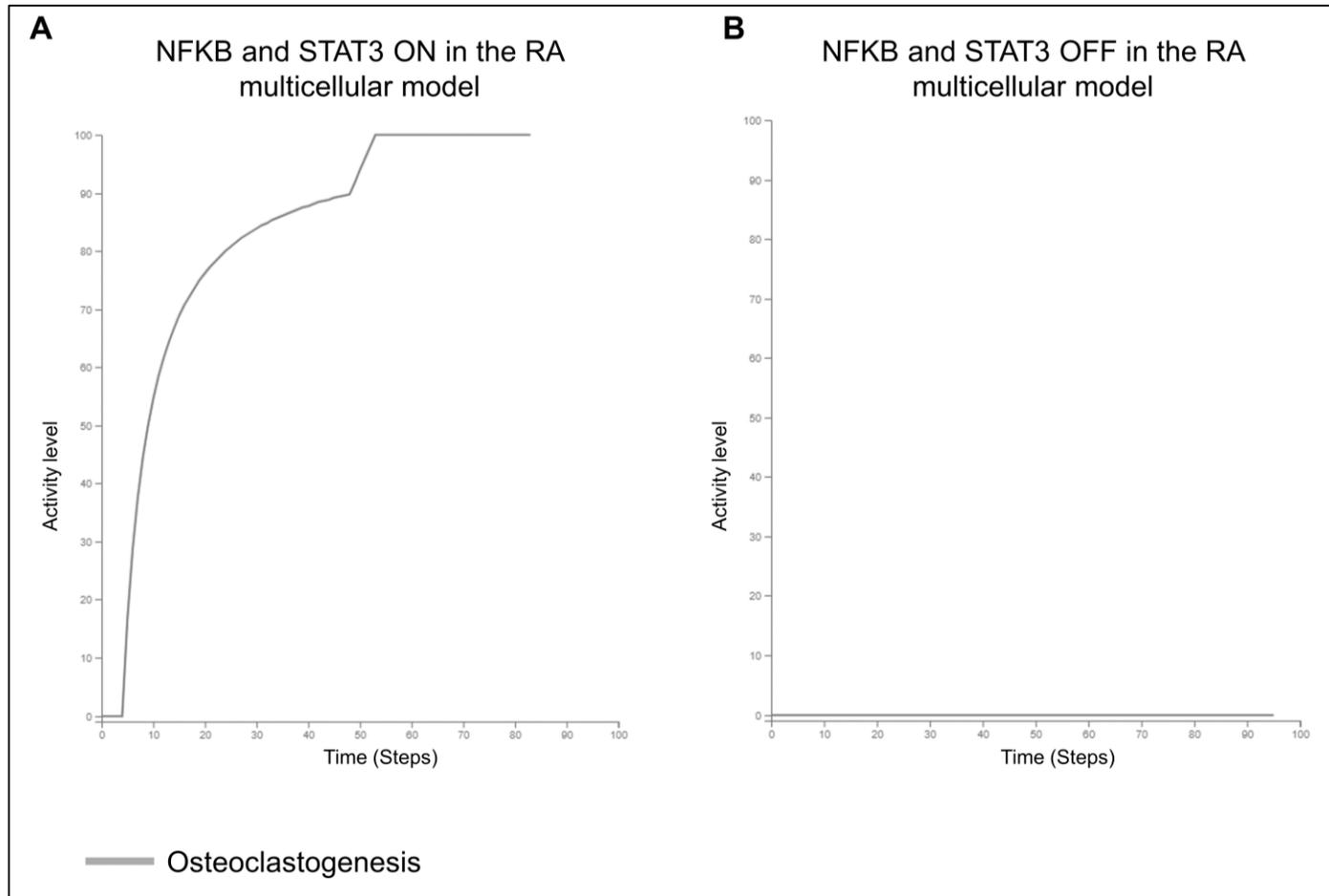


Experiments show that **MIR221** inhibition could reduce the **angiogenesis** in the arthritic joint (Mcmorrow et al., 2013)



MIR221 inhibition → Subsequent activation of THBS1

# Investigation of new therapeutic options using the RA multicellular model



# Therapeutic targets that perturb RA phenotypes in the RA multi-cellular model



Successful targets	RA multi-cellular model's phenotypes														
	M1 Macrophage			M2 macrophage		Fibroblast			Th1			Joint			
	Apoptosis	Proliferation	Osteoclastogenesis	Apoptosis	Proliferation	Apoptosis	Proliferation	Migration	Apoptosis	Proliferation	Migration	Inflammation	Angiogenesis	Matrix degradation	Osteoclastogenesis
AKT2							↘	↘							
CAV1						↗	↘	↘							
CREB1							↘								
GSK3β				↘	↗										
ERK1		↘	↘												
MIR221													↘		
mTOR									↗	↘	↘				
NF-κB	↗	↘	↘					↘		↘	↘			↘	
TBX21									↗	↘	↘				

ImmPort We

Successful targets	Target type	Associated disease(s)	Drugs with the highest status
CAV1	Literature-reported target	/	/
AKT2	Literature-reported target	/	Akt inhibitor VIII (Investigative)
CREB1	Literature-reported target	/	/
NF-kappaB	Successful target	Irritable bowel syndrome, Rheumatoid arthritis, Choreiform disorder, Lupus erythematosus, Multiple sclerosis...	Sulfasalazine (Approved)
TBX21	Literature-reported target	/	/
MTOR	Successful target	Arteries/arterioles disorder, Chronic myelomonocytic leukaemia, Hydrocephalus, Multiple myeloma, Renal cell carcinoma	Everolimus (Approved)
ERK1	Clinical trial target	Melanoma, Pancreatic cancer, Cancer, Arteries/arterioles disorder, Mature T-cell lymphoma	BVD-523 (Phase 2)
GSK3β	Clinical trial target	Myotonic disorder, Acute myeloid leukaemia, Osteosarcoma, Fragile X chromosome, Myeloproliferative neoplasm	Tideglusib (Phase 2/3)
MIR221	Literature-reported target	/	/

[nature](#) > [npj digital medicine](#) > [articles](#) > articleArticle | [Open access](#) | Published: 24 December 2024

# Building a modular and multi-cellular virtual twin of the synovial joint in Rheumatoid Arthritis

[Naouel Zerrouk](#), [Franck Augé](#) & [Anna Niarakis](#) ✉[npj Digital Medicine](#) **7**, Article number: 379 (2024) | [Cite this article](#)1464 Accesses | 2 Altmetric | [Metrics](#)

## Abstract

Rheumatoid arthritis is a complex disease marked by joint pain, stiffness, swelling, and chronic synovitis, arising from the dysregulated interaction between synoviocytes and immune cells. Unclear etiology makes finding a cure challenging. The concept of digital twins, used in engineering, can be applied to healthcare to improve diagnosis and treatment for complex diseases like rheumatoid arthritis. In this work, we pave the path towards a digital twin of the arthritic joint by building a large, modular biochemical reaction map of intra- and intercellular interactions. This network, featuring over 1000 biomolecules, is then converted to one of the largest executable Boolean models for biological systems to date. Validated through existing knowledge and gene expression data, our model is used to explore current treatments and identify new therapeutic targets for rheumatoid arthritis.

[nature](#) > [npj systems biology and applications](#) > [perspectives](#) > articlePerspective | [Open access](#) | Published: 30 November 2024

# Immune digital twins for complex human pathologies: applications, limitations, and challenges

[Anna Niarakis](#) ✉, [Reinhard Laubenbacher](#), [Gary An](#), [Yaron Ilan](#), [Jasmin Fisher](#), [Åsmund Flobak](#), [Kristin Reiche](#), [María Rodríguez Martínez](#), [Liesbet Geris](#), [Luiz Ladeira](#), [Lorenzo Veschini](#), [Michael L. Blinov](#), [Francesco Messina](#), [Luis L. Fonseca](#), [Sandra Ferreira](#), [Arnau Montagud](#), [Vincent Noël](#), [Malvina Marku](#), [Eirini Tsirvouli](#), [Marcella M. Torres](#), [Leonard A. Harris](#), [T. J. Segó](#), [Chase Cockrell](#), [Amanda E. Shick](#), [Hasan Balci](#), [Albin Salazar](#), [Kinza Rian](#), [Ahmed Abdelmonem Hemedan](#), [Marina Esteban-Medina](#), [Bernard Staumont](#), [Esteban Hernandez-Vargas](#), [Shiny Martis B.](#), [Alejandro Madrid-Valiente](#), [Panagiotis Karampelesis](#), [Luis Sordo Vieira](#), [Pradyumna Harlapur](#), [Alexander Kulesza](#), [Niloofer Nikaiein](#), [Winston Garira](#), [Rahuman S. Malik Sheriff](#), [Juilee Thakar](#), [Van Du T. Tran](#), [Jose Carbonell-Caballero](#), [Soroush Safaei](#), [Alfonso Valencia](#), [Andrei Zinovyev](#) & [James A. Glazier](#) — [Show fewer authors](#)[npj Systems Biology and Applications](#) **10**, Article number: 141 (2024) | [Cite this article](#)3850 Accesses | 8 Altmetric | [Metrics](#)

## Abstract

Digital twins represent a key technology for precision health. Medical digital twins consist of computational models that represent the health state of individual patients over time, enabling optimal therapeutics and forecasting patient prognosis. Many health conditions involve the immune system, so it is crucial to include its key features when designing medical digital twins. The immune response is complex and varies across diseases and patients, and its modelling requires the collective expertise of the clinical, immunology, and computational modelling communities. This review outlines the initial progress on immune digital twins and the various initiatives to facilitate communication between interdisciplinary communities. We

# DigiTREAT

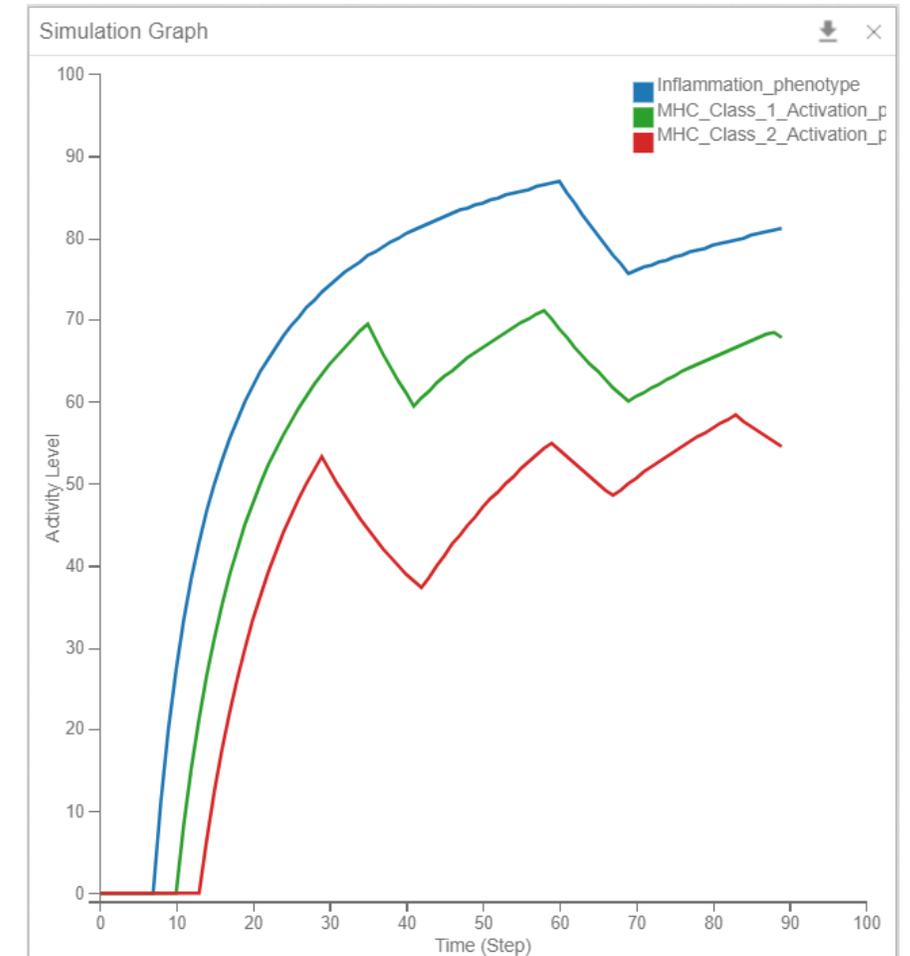
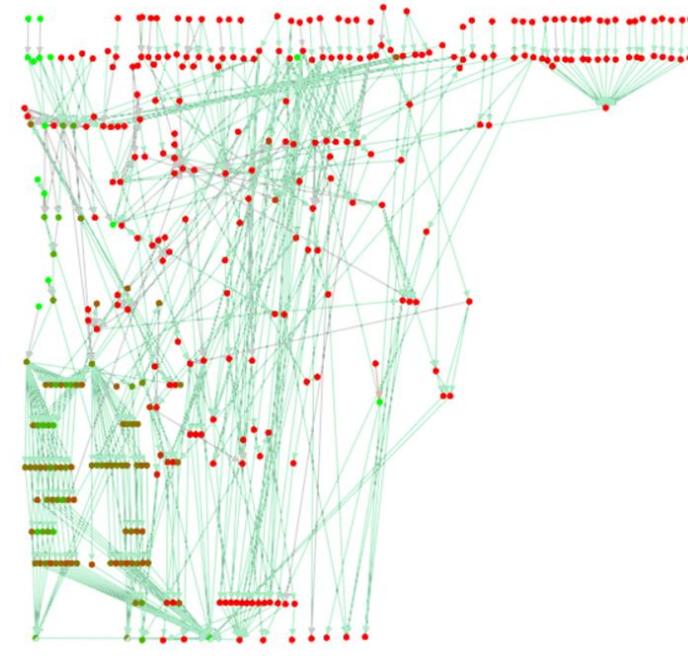
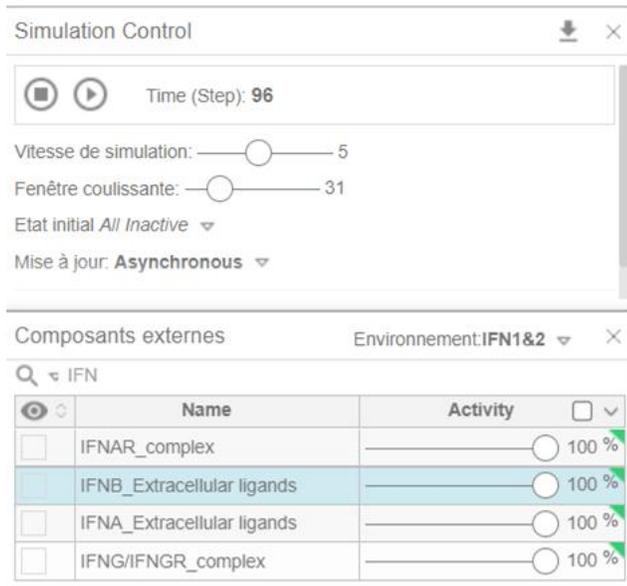
Building a Digital Twin  
for the personalised treatment of  
RhEumatoid ArthriTis

*PEPR DIGITAL HEALTH*



# In silico simulations: reproducing experimental evidence

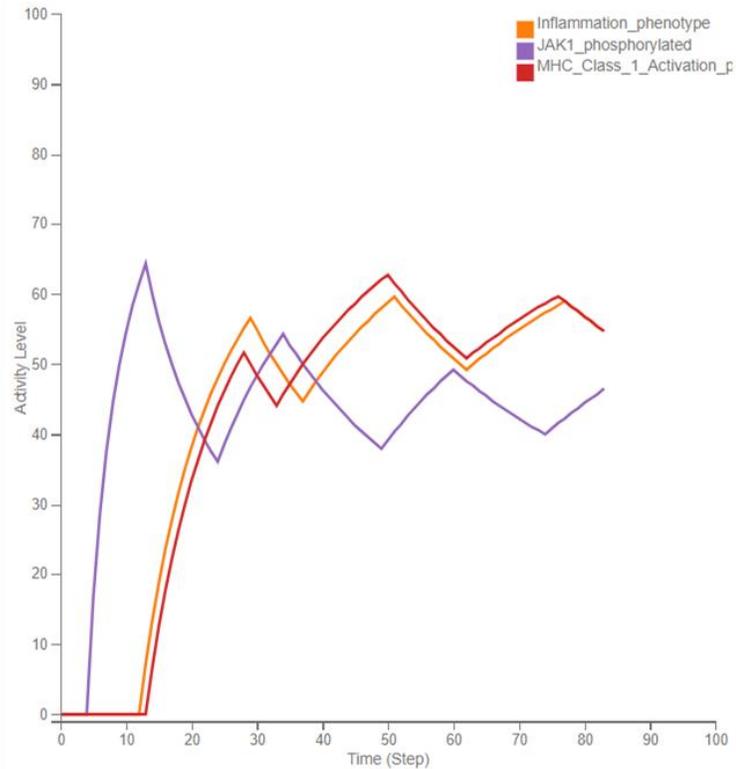
## Simulation of IFN type 1 and 2



→ Unstable phenotypes such as **Inflammation**, **MHC class 1 Activation** and **MHC Class 2 Activation** (Associated PMIDs: 2444171 & 25102056)

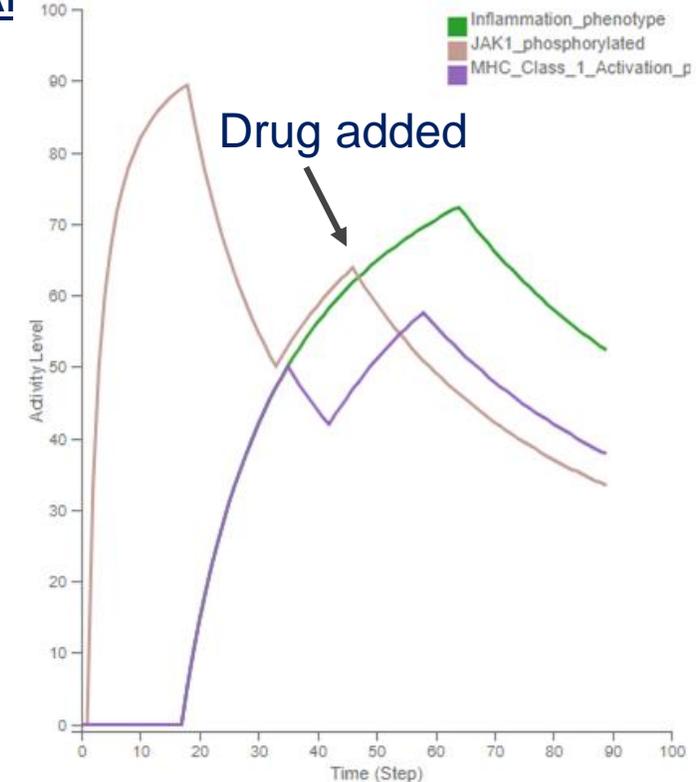
# In silico simulations: simulating drug effects

## Simulation of IFN Type 1



- Inflammation **oscillating**
- **Negative feedback loop** By SOCS3 (JAK1 inhibition) (Associated PMID: 26995659)

## Simulation of IFN Type 1 after adding Tofacitinib (JAK<sup>i</sup>)



- **Decrease** of inflammation and MHC Class 1 Activation

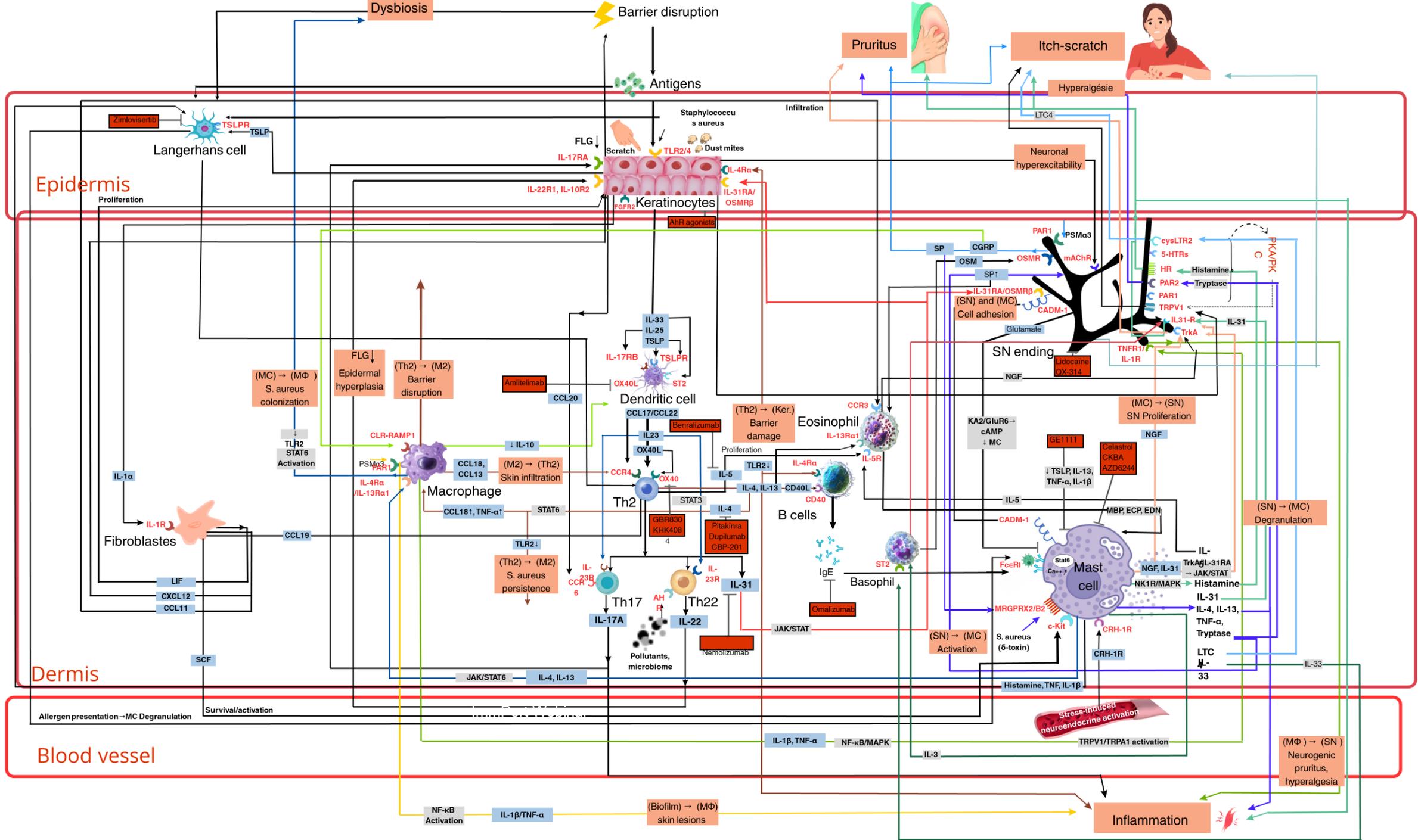
# • DigiDermA

- MODELLING THE CROSSTALK BETWEEN MAST CELLS AND SENSORY NEURONS IN ATOPIC DERMATITIS



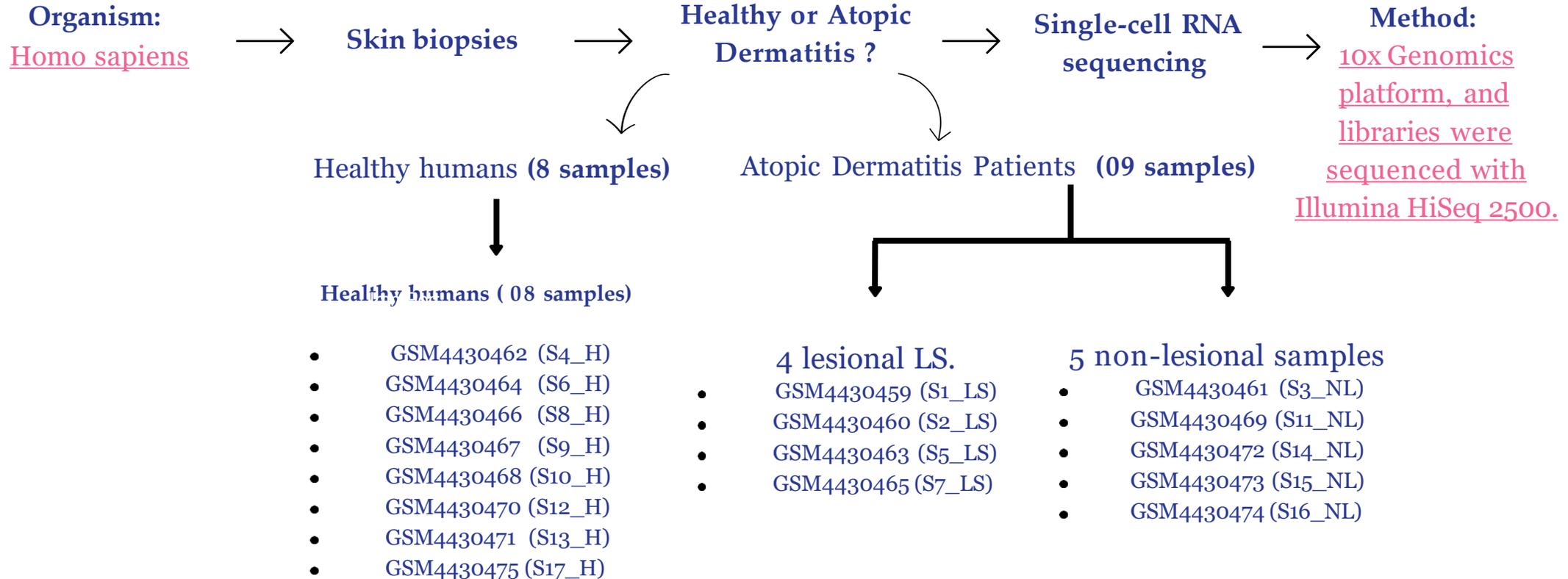
CoSysBio



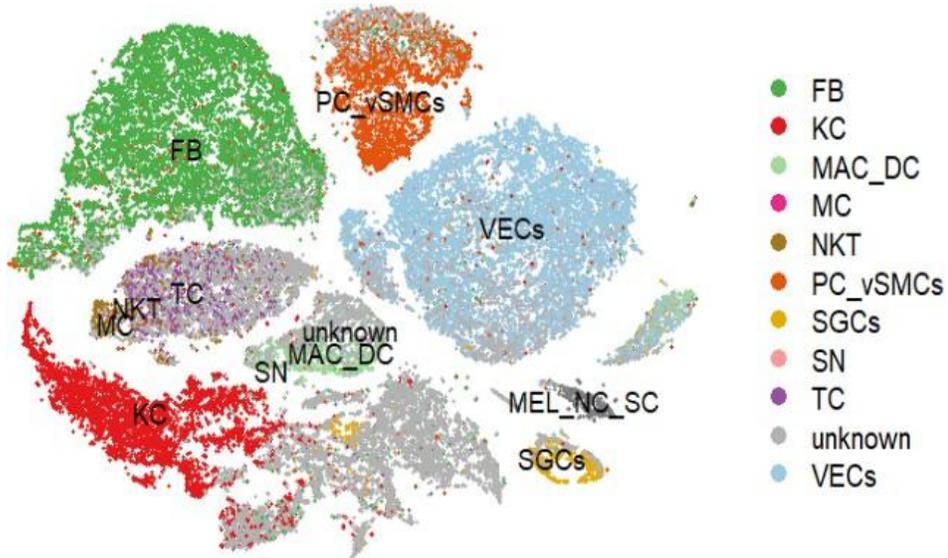


# Single-cell transcriptome analysis

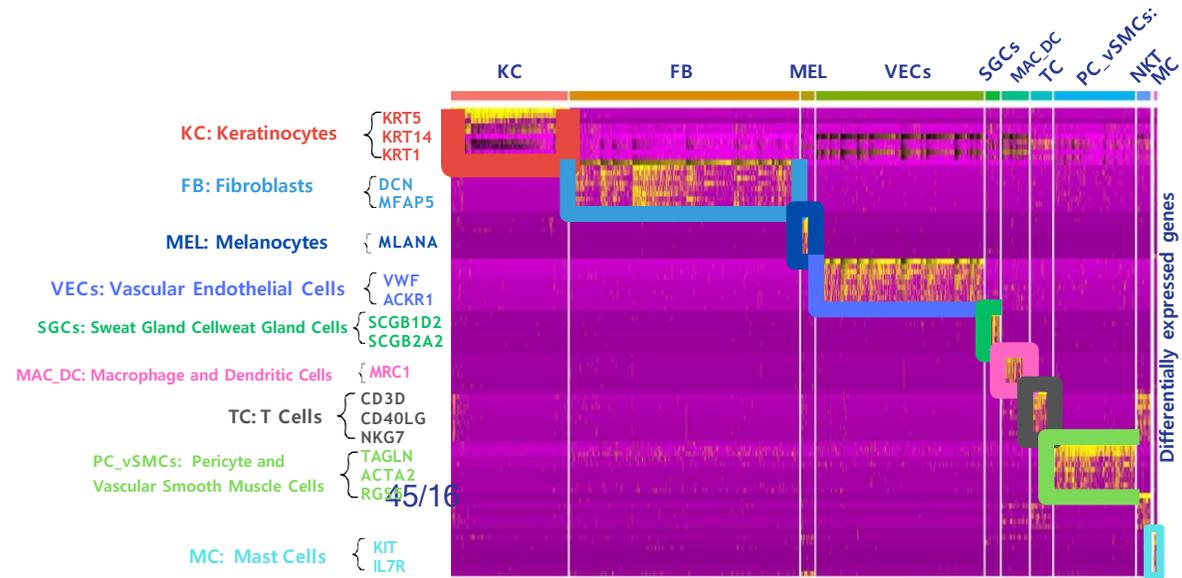
## Dataset Overview:



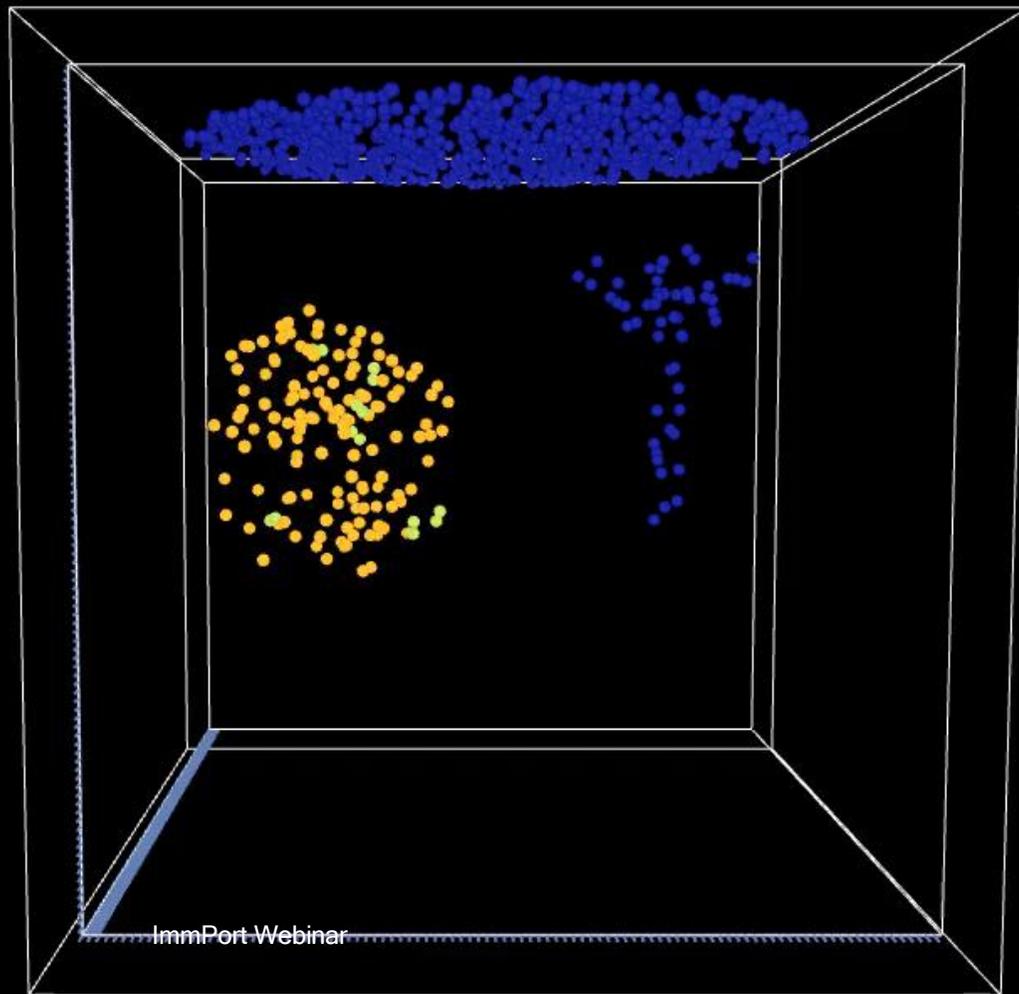
# Single-cell transcriptome analysis



**Figure 2:** t-SNE plot for 39,042 skin cells from AD patients (lesional/nonlesional) and healthy controls. Cell identities were annotated using the SCINA.



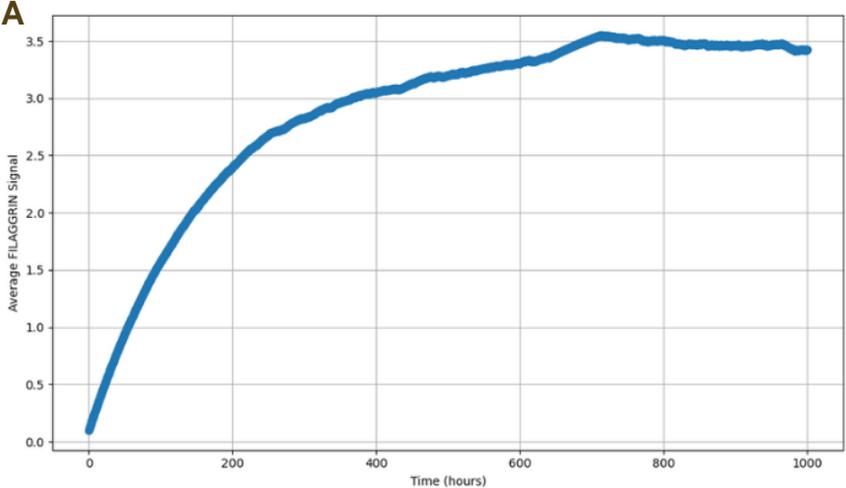
**Figure 3:** Distinct gene signatures (top 10 differentially expressed genes; Wilcoxon rank sum test) of skin cell populations identified in single-cell RNA sequencing data.



t=129.50 s=259 N=1000 >  
hide (> 0.0,y< 0.0,z> 0.0)

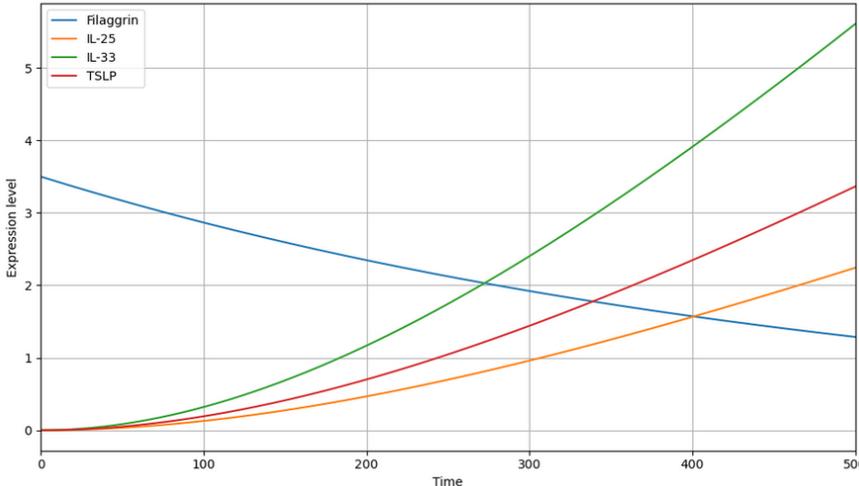


# Simuscale Implementation and simulation

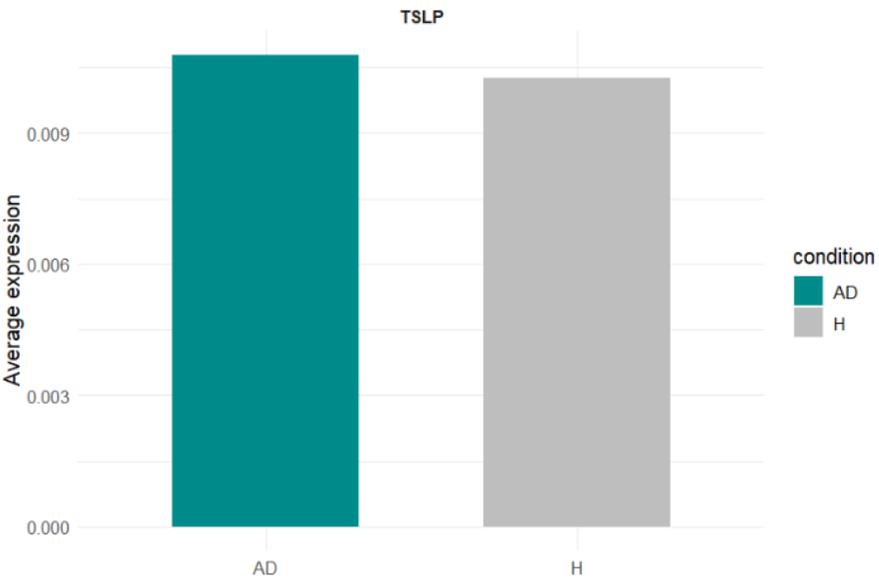


A) Temporal dynamics of filaggrin expression in keratinocytes (Healthy condition).

B) Reduced filaggrin and upregulation of IL-25, IL-33, and TSLP in keratinocytes (Atopic dermatitis condition).



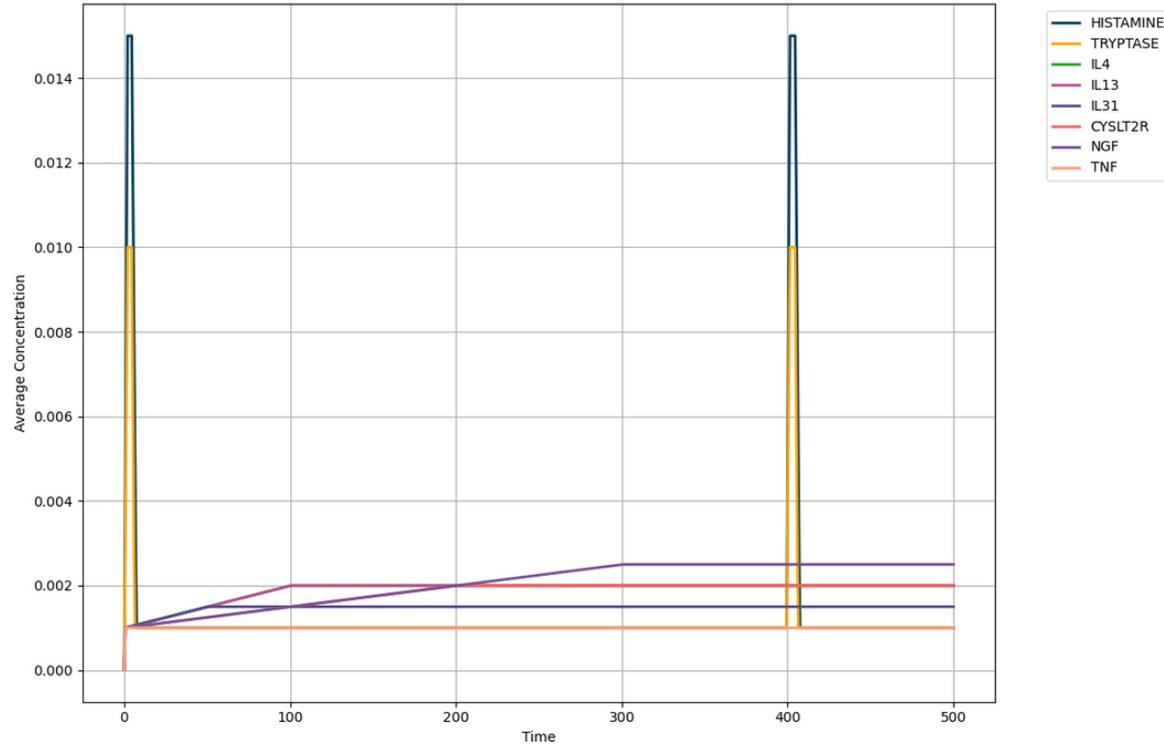
Loss of filaggrin → barrier disruption → allergen penetration → activation of mast cells and stimulation of sensory neurons via increased cytokine production (IL-25, IL-33, TSLP) by keratinocytes → chronic inflammation (atopic dermatitis).



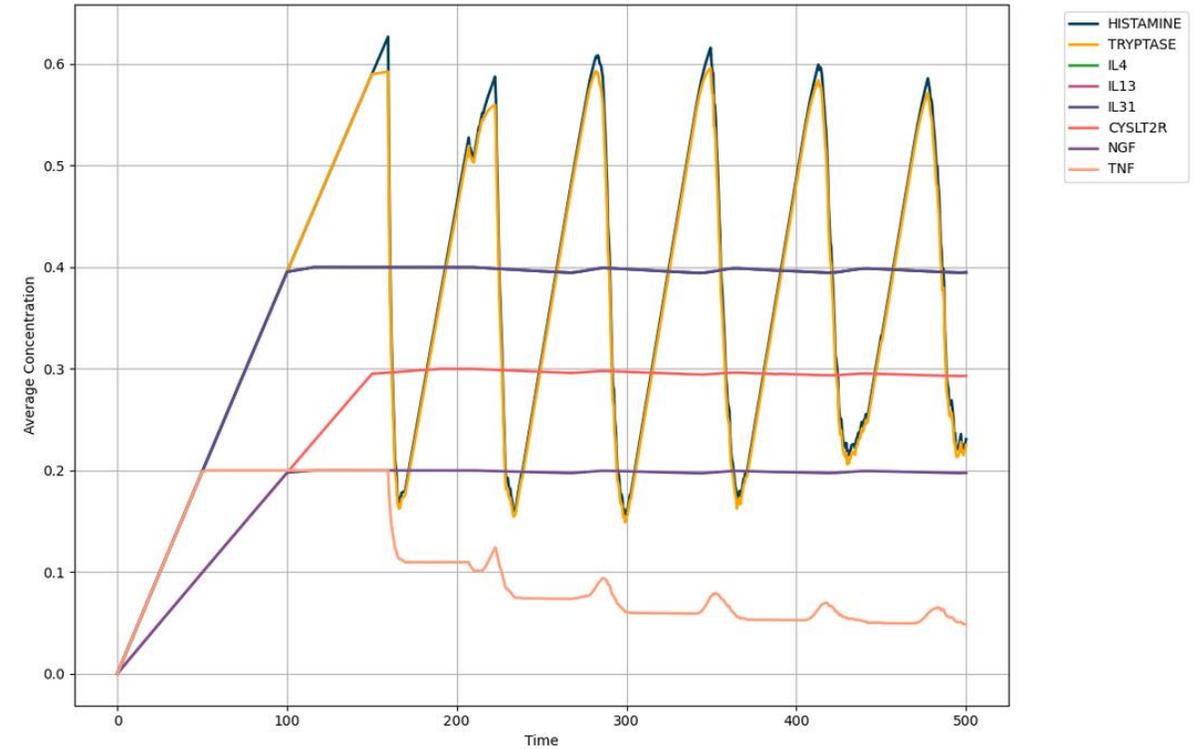
Barplot showing the average expression of TSLP in each condition.

Data source: GEO Series GSE147424 [9].

# Simuscale Implementation and simulation

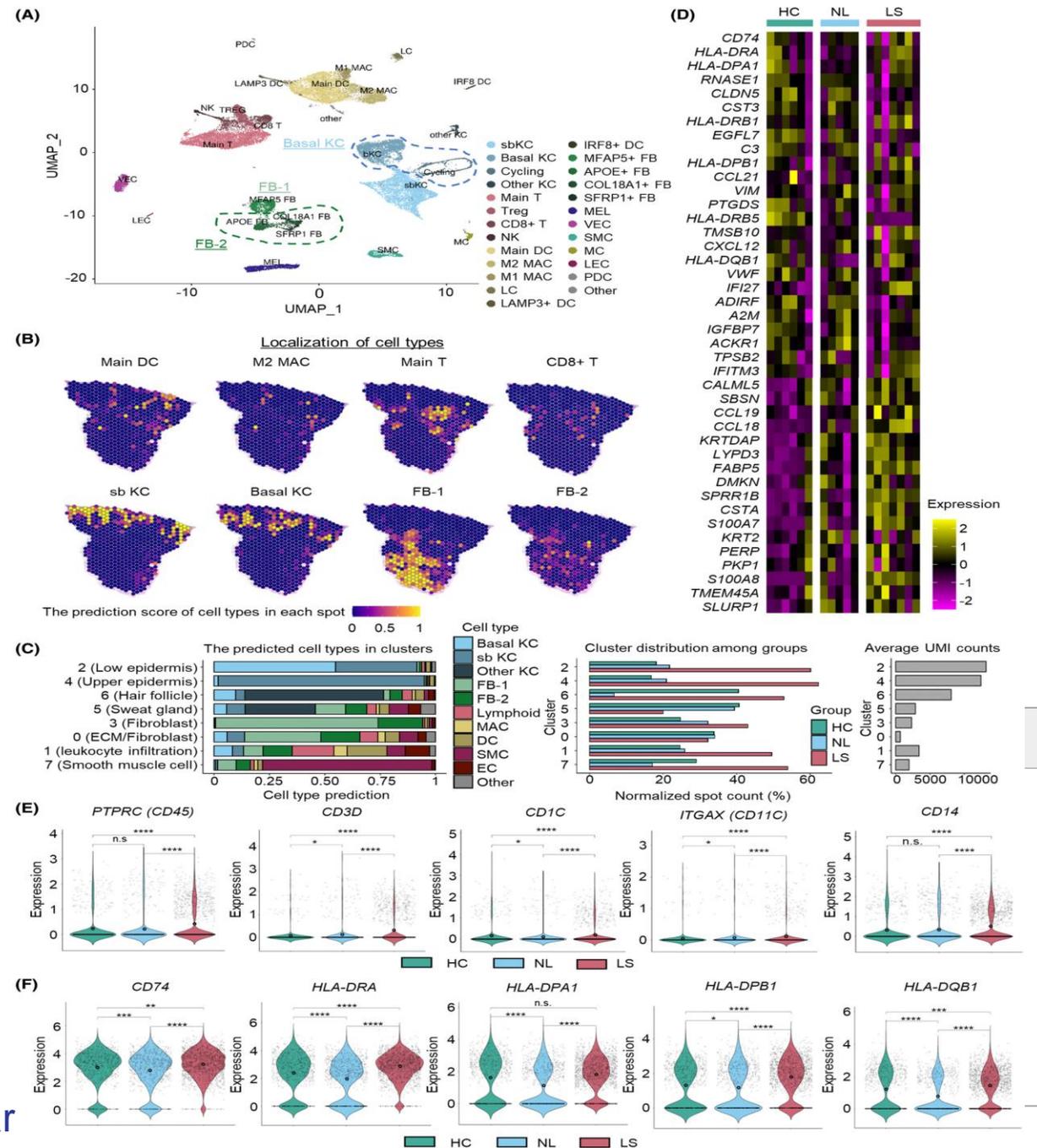
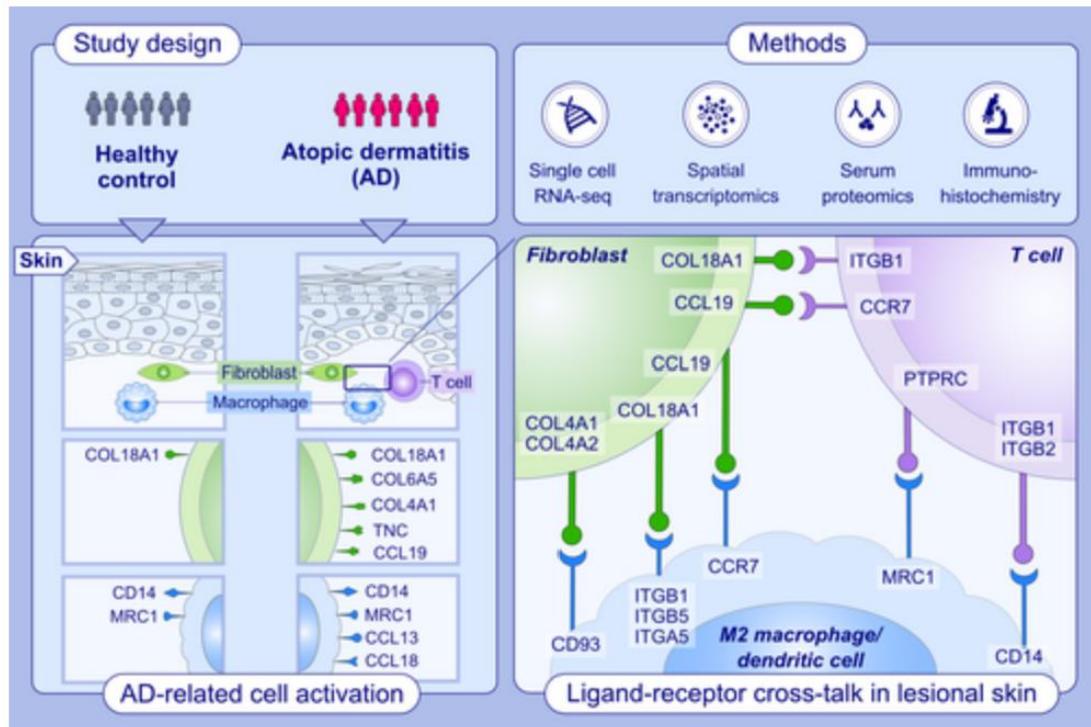


Temporal dynamics of HISTAMINE, TRYPYPTASE, IL4, IL13, IL31, CYSLT2R, NGF, TNF (Healthy condition).

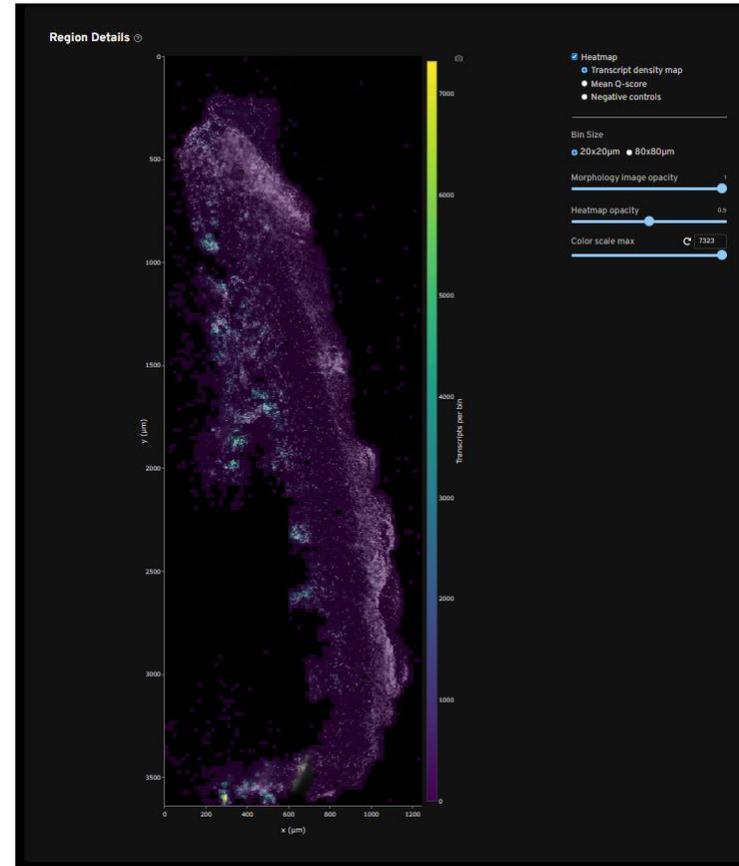
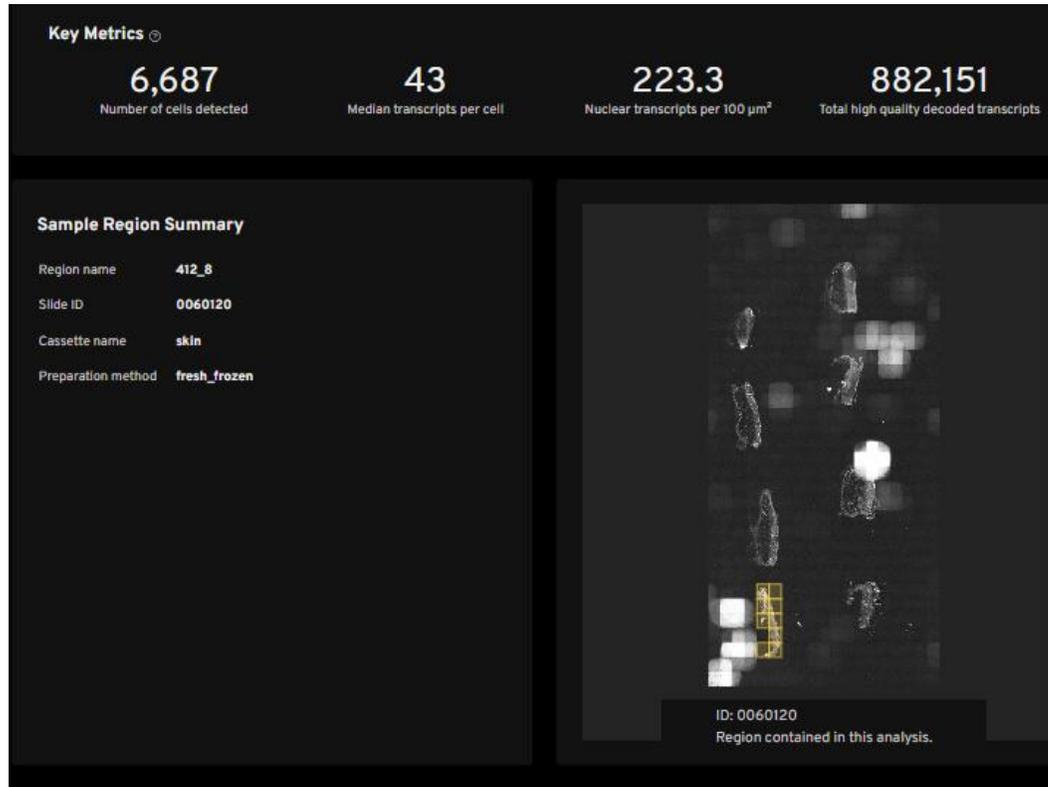


Temporal dynamics of HISTAMINE, TRYPYPTASE, IL4, IL13, IL31, CYSLT2R, NGF, TNF (AD condition).

# Analysing spatial transcriptomics



# Mice studies using Xenium 10x Genomics



First batch of 4 mice of contact dermatitis

Second batch of 4 mice of the oxazolone model

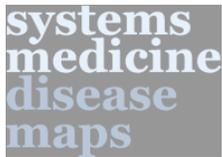
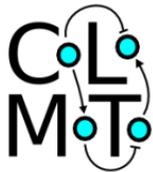
# Added value of the in silico part

- Dynamic aspect → predictions, hypothesis testing
- Accelerating research by prioritizing targets/ combinations
- Complementary approaches that help understand better the mechanistic aspect of different biological processes
- Adapted for signaling/ GRN/ metabolism
- Methods usually disease –agnostic: contextualization/ personalization of the models with data
- Advances in scaling and computational cost handling
- **Challenge of the “one question one model” dogma: building of models that can be re-used and expanded to serve multiple purposes**
  
- Limitations:
- Usually **data available are wide but not deep**
- Depending on the approach –quantitative/ qualitative (smaller scale/ loss of information)
- Interoperability and standardization issues for tissue level models
- Still time consuming to build

# Digital Twins in healthcare - how far are we?

- Some successful examples: (diabetes, cardiovascular diseases)
- AI is developing fast
- Causal AI will play a major role in automatic model reconstruction
- Access to real patient data / medical records is becoming a necessity
- Scaling up can be tricky: HPC infrastructure
- Formal approaches and methodologies that can robustly handle complexity
  
- Ethical aspects: human in the loop
- Clinician involvement from the start of the project design (real versus virtual patient)
- Policies for medical devices
- Implementation

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Hopital Kremlin Bicetre



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Researcher



Tomas Helikar, PhD  
University of Nebraska-Lincoln  
Assistant professor

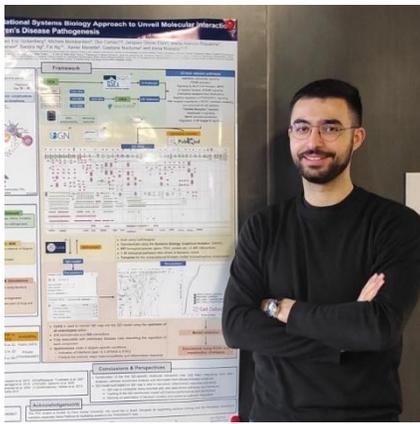


Xavier Mariette, head of the Immuno-Rheumatology Department at Bicêtre Hospital, professor of rheumatology at Université Paris-Saclay and director of the Autoimmunity team in the Immunology of Viral, Autoimmune, Haematological and Bacterial Diseases Laboratory



Dr Nico Gaudenzio, Research Director at the French national institute of health (Inserm) and Chief Scientific Officer (CSO) at the biotech Genoskin (Toulouse FRA, Salem MA USA).





**Sacha E Silva-Saffar**  
PharmD | PhD candidate in Computational systems biology



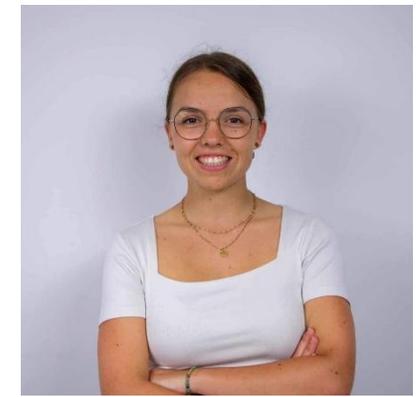
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# Bringing stakeholders together!



immunedt.github.io

## Building Immune Digital Twins

15 mai 2023 à 2 juin 2023  
Institut Pascal  
Fuseau horaire Europe/Paris

Entrer le

Accueil

Scientific colloquia

Objectives of the workshop

Action items/Deliverables

Target audience

Inscription

Scientific committee

Enquêtes

Orateurs/Speakers

Program

Bamissa SANGARE

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### Orateurs/Speakers

#### Keynotes

Jasmin Fisher, UCL  
Mustafa Kammash, ETH Zurich  
Julio Saez Rodriguez, University of Heidelberg  
Emmanuel Barillot, Institut Curie, France  
Maria Rodriguez Martinez, IBM Zurich  
Yaron Ilan University of Jerusalem

#### Advanced talks

Reinhard Laubenbacher, University of Florida  
François Fages, INRIA Saclay  
Irene Vignon Clementel, INRIA Saclay  
Dagmar Waltemath, University of Greifswald  
Gary An, University of Vermont  
James Glazier, University of Indiana Bloomington  
Gaetane Nocturne, Hopitaux Universitaires Paris-Sud  
Tomas Helikar, University of Nebraska Lincoln  
Benjamin Hall, UCL  
Anna Niarakis, University of Evry, Paris-Saclay and INRIA Saclay  
Anabelle Balesta, INSERM and Institut Curie  
Asmund Flobak, NTNU

#### Advanced tutorials

Laurence Calzone, Institut Curie, Paris  
Gaultier Stoll, INSERM U1138, Université Paris Descartes, Gustave Roussy  
Vincent Noel, Institut Curie, Paris  
Pedro Monteiro, Technical University of Lisbon  
Sylvain Soliman, INRIA Saclay  
Anna Niarakis, University of Evry, Paris Saclay & INRIA Saclay  
Arnau Montagud, Barcelona Supercomputing Centre  
Tomas Helikar, University of Nebraska Lincoln  
TJ Tiego, University of Florida

#### Platforms and private sector presentations/ panel discussion participation

Christophe Lanneau, Genopole  
Franck Augé, SANOFI  
Markus Rehberg, SANOFI  
Nicola Gaudenzio, Genoskin  
Vassili Soumelis, Owkin  
Alexander Kulesza/ Shiny Martis, Novadiscovery  
Rachel Clipp, Brian Helba, KITWARE  
Serkawt Khola - EvoPlexus Medics  
Andrei Zinoviyev - Evotec



## Building Immune Digital Twins

A community effort to make IDTs a reality!

Projects Models Webinars Team Publications Events RDA BIDT

### Building Immune Digital Twins

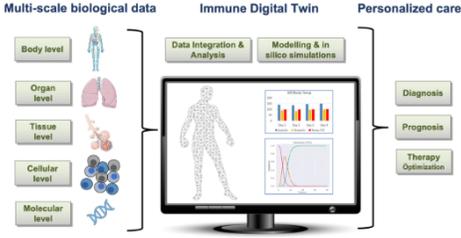
Welcome to the Building Immune Digital Twins (BIDT) initiative — a global, community-driven effort to develop computational replicas of the human immune system. Our goal is to advance our understanding and treatment of diseases by simulating immune responses tailored to individuals.

Whether you're a researcher, clinician, or data scientist, join us in shaping the future of personalized medicine.

#### What are immune digital twins?

Immune digital twins are dynamic computational models designed to simulate how an individual's immune system responds to infections, therapies, and vaccines. By integrating biological knowledge, clinical data, and modeling techniques, we aim to support:

- Personalized diagnostics
- Predictive medicine
- Targeted therapeutic development
- Systems-level understanding of immunity



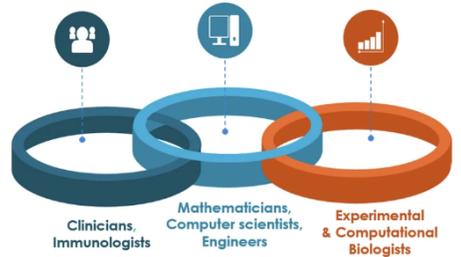
Source: 10.1038/s41746-022-00610-z

#### Our mission

We are building an open, collaborative ecosystem for:

- Curation of high-quality immunology data
- Development of reusable and interoperable models
- Best practices for constructing and validating digital twins
- Integration with platforms like the Virtual Human Twin

Learn more in our [RDA Working Group Case Statement](#)



Source: 10.1038/s41540-024-00450-5

#### Contact us

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taly,

UIS & ISC 108  
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manager

**Thank you for your  
attention!**